



**Adult &
Community
Education**
—— SCHOOL

**Leon County
Human Services
Resource Guide**

**Community Resources to
Assist Transition**

www.ACLeon.org/leonresourceguide
www.aceleon.org/ged-life-skills-curriculum

How to Use this Guide

The Adult & Community Education (ACE) Leon County Human Services Resource Guide 2022-2023 is designed to provide students, inmates, formerly incarcerated people, counselors, social service providers, probation officers, teachers, and community members with information about the many resources available in Leon County. The resources included in this guide assist individuals needing to obtain identification documents or seeking employment, housing, medical care, dental services, substance abuse treatment, mental health services, parenting services, financial assistance, or legal services.

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HELPLINES ~ HOTLINES

18-20

211 Big Bend 24-hour support Hotline	2-1-1 / (850) 617-6333
Apalachee Center / MRT Helpline	1 (800) 342-0774
Crisis Text Line	text HOME to 741741
Florida Domestic Violence Hotline	1 (800) 500-1119 / TTY: 711 or 1 (800) 621-4202
Family Health Line	1 (800) 451-2229 – English/Spanish/Haitian Creole
Florida HIV/AIDS Hotline	1 (800) 352-2437 – English
	1 (800) 545-7432 – Spanish
	1 (800) 243-7101 – Haitian Creole
	1 (888) 503-7118 (TTY Hotline) / Text flhiv to 898211
National Domestic Violence Hotline	1 (800) 799-SAFE (7233) / TTY: 1 (800) 787-3224
National Human Trafficking Hotline	1 (888) 373-7888 / TTY: 711 / Text HELP to 233733
National Suicide Prevention Lifeline	9-8-8
SAMHSA National Helpline	1 (800) 800-662-HELP (4357) / TTY: 1 (800) 487-4889
Trans Lifeline	1 (877) 565-8860
Veterans Crisis Line	1 (800) 273-TALK (8255) and Press 1

IDENTIFICATION

21-23

Leon County Health Dept. Office of Vital Statistics	(850) 404-6401
Doris Malloy Leon County Tax Collector	(850) 606-4700
Bureau of Vital Statistics	1 (904) 359-6900 x 9000
Doris Malloy Leon County Tax Collector	(850) 606-4700
Florida Dept. of Highway Safety and Motor Vehicles	(850) 617-2000
Social Security	1 (866) 248-2088 / 1 (800) 772-1213
Leon County Supervisor of Elections	(850) 606-8683
Florida Division of Elections	(850) 245-6200
Leon County Clerk of the Circuit Court and Comptroller	(850) 606-4000
Florida Department of Corrections	(850) 488-5021
Florida COR Executive Clemency	1(800) 435-8286 or (850) 488-2952
League of Women Voters of Florida	(407) 377-5777
Florida Rights Restoration Coalition	1 (877) MYVOTE-0 or 1 (877) 698-6830
FDLE Criminal History Services	(850) 410-8109

FOOD & CLOTHING / IMMEDIATE NEEDS

24-27

All About Love, Inc.	(850) 591-2017
McKenzie's Clothing Closet	(850) 576-3124
Catholic Charities	(850) 222-2180
City Walk Urban Mission	(850) 528-3909
Connections Church	(850) 583-1036
ECHO Outreach	(850) 224-3246
Good Samaritan Network	(850) 297-1113
Grace Mission	(850) 224-3817
Good News Outreach	(850) 412-0016

Jacob Chapel Baptist Church	(850) 574-3150
Marantha SDA Church	(850) 878-7780
Rotary Club of Tallahassee	(850) 766-1362
Salvation Army Tallahassee	(850) 222-0304
Second Harvest of the Big Bend	(850) 562-3033
The Living Harvest Thrift Stores	(850) 536-6082 – 1219 W. Tharpe St. (850) 900-5930 – 308 E. Orange Ave. (850) 765-6285 – 4500 W. Shannon Lakes Dr.

HOUSING

28-39

Ability 1st, A Place Called Home (APCH)	(850) 575-9621
AngelWingz Family Crisis and Intervention Center	(850) 422-0040
Big Bend Homeless Coalition	(850) 576-5566
Big Bend Homeless Coalition Veteran's Program	(850) 792-9440
Brehon House	(850) 656-7110
CARE Tallahassee	(850) 320-0281
Capital City Youth Services (CCYS)	(850) 576-6000 – 24/7 Crisis Hotline (850) 274-8689 – Drop-in Center (850) 294-6044 – Case Management
City of Tallahassee, Dept. of Housing and Community Resilience	(850) 891-6566
City Walk Urban Mission	(850) 491-7940
The Dwellings	(850) 786-2290
ECHO Outreach Ministries	(850) 224-3246
Good News Outreach	(850) 692-3301 – 606 W 4 th Ave. (850) 412-0016 – 548 E Bradford Rd.
Good Samaritan Network – Residential Program for Men	(850) 297-1113
Good Samaritan Network - Chelsea House for Women	(850) 297-1113
Goodwill Industries - Big Bend Inc. Residential Services	(850) 279-5041
Habitat for Humanity	(850) 574-2288
Humble House Ministries, Inc.	(850) 999-2490
Joseph House	(850) 933-0375
Kearney Center CESC	(850) 792-9000
Making Miracles Group Home	(850) 727-3304
Oxford House, Inc.	(504) 239-0608
Refuge House Domestic Violence and Rape Crisis 24-hour local hotline	(850) 681-2111
Shisa House Community Release & Re-Entry Center	(850) 222-4859
Teen Challenge, Tallahassee Men's Center	1 (855) 934 4673 / (850) 385-8336
Tallahassee Housing Authority, FL	(850) 385-6126 / TTY: 711
The Living Harvest (TLH)	(850) 900-5930
Westgate	(850) 574-0020
Woodlands C.A.M.P.	(850) 574-CAMP (2267)

EMPLOYMENT & TRAINING

40-46

Action Labor	(850) 385-0365 / 1 (800) 522-6748
Bright Future Behavioral Health, Inc	(850) 792-7795
CareerSource Capital Region	(850) 922-0023
City of Tallahassee Human Resources/Applicant Services	(850) 891-8214
Division of Vocational Rehabilitation, DOE, Area 1	(850) 245-3440
Employ Florida	1 (800) 438-4128 – Help desk
FAMU Human Resources	(850) 599-3611
Florida Governor's Council on Indian Affairs, Inc.	(850) 488-0730 / 1 (800) 322-9186

FSU Career Center	(850) 644-6431
FSU Human Resources Dept.	(850) 644-6034
Goodwill Industries - Big Bend, Ignite 2.0 Reentry	(850) 491-4460 / (850) 491-4230
HireQuest, Inc	(850) 222-2030
Job Corps, U.S. Dept. of Labor, Florida	(800) 733-5627
Labor Finders	(850) 222-7378
Leon County Board of County Commissioners Job Line	(850) 606-2403 / (850) 606-2400
Manpower	(850) 386-8150
Opportunity Services	(850) 386-2100
People First, State of Florida	1 (877) 562-7287
People Ready Tallahassee	(850) 222-4889
Prosperity Center, Goodwill	(850) 608-0557, Press 3
REfire	(850) 792-9441
TEMPO Program, City of Tallahassee	(850) 891-8722
Work Opportunity Tax Credit (WOTC)	(850) 921-3299

EDUCATION **47-51**

Adult & Community Education	(850) 717-2020
Division of Blind Services, FL Dept. of Education	(850) 245-0370 / 1 (800) 672-7038
FAMU ~ Florida Agricultural & Mechanical University	(850) 599-3000
	(850) 599-3796 – Undergraduate Admissions
	(850) 599-3505 – Graduate Admissions
FAMU Center for Public Computing & Workforce Development	(850) 412-7474 / (850) 599-3000
FAMU Small Business Development Center (SBDC)	(850) 599-3407
FSU ~ Florida State University	(850) 644-6200
GED® Transcripts	www.gedtestingservice.com
Leon County Public Libraries	(850) 606-2665 – LeRoy Collins Main Branch
	(850) 606-2950 – Dr. B.L. Perry Branch
	(850) 606-2750 – Eastside Branch
	(850) 606-2900 – Fort Braden Branch
	(850) 606-2850 – Lake Jackson Branch
	(850) 606-2800 – Northeast Branch
	(850) 606-2925 – Woodville Branch
Leroy Collins Public Library, Adult Education & ESL Programs	
Literacy Volunteers of Leon County	(850) 606-2644
Lively Technical Center	(850) 888-0305
North Florida Safety Council, Inc.	(850) 487-7555
Prosperity Center, Goodwill Industries	(850) 877-5193
TCC ~ Tallahassee Community College	(850) 608-0557
TCC Adult Education (ABE, GED, ESOL)	(850) 201-6200
TCC Center for Workforce Development	(850) 201-8760
	(850) 201-8760
Advanced Manufacturing Training Center	(850) 201-9720
Transportation and Logistics Center of Excellence	(850) 558-3550
Gadsden Center	(850) 558-3620
Wakulla Center	(850) 558-3525
TEMPO Program, City of Tallahassee	(850) 891-8722
TRIO Educational Opportunity Center, @ FAMU	(850) 412-7283

HEALTH CARE **52-55**

AIDS Drugs Assistance Program (ADAP)	(850) 245-4422 / (844) 381-2327
Big Bend Cares, Inc.	(850) 656-2437
Bond Community Health Center, Inc	(850) 576-4073
Care Point Health and Wellness	(850) 354-8765
Community Health Insurance Program (CHIP)	(786) 706-1146 – English/Spanish
Florida KidCare	1 (888) 540-5437 / TTY 1(800) 955-8771
Florida HIV/AIDS Hotline	1 (800) FLA-AIDS or (800) 352-2437 – English
www.floridahivaids.org	1 (800) 545-SIDA or 1(800) 545-7432 – Spanish
	1 (800) AIDS-101 or 1(800) 243-7101 – Haitian Creole
	1 (888) 503-7118 (TTY Hotline) / Text “flhiv” to 898211
Health Insurance Marketplace	1 (877) 813-9115 / 1 (800) 318-2596 / TTY: 1 (855) 889-4325
Leon County Health Dept. - Clinical Services	(850) 404-6403
Neighborhood Medical Center	(850) 224-2469 - Lincoln Center
	(850) 224-2409 - Smith-Williams Center
	(850) 300-7262 - Richardson-Lewis Center
Planned Parenthood of North Florida	(850) 574-7455
Tallahassee VA Healthcare Center	(850) 878-0191 / 1 (800) 698-2411
	1 (877) 741-3400 - VA health connect
	(850) 513-7058 - Mental health clinic
	1 (800) 273-8255 - Veterans Crisis Line
Tallahassee Memorial Healthcare	(850) 431-1155
The Transition Center	(850) 431-4470

DENTAL CARE **56-57**

Bond Community Health Center, Inc. - Dentistry	(850) 521-5121
Care Point Health and Wellness	(850) 354-8765
CESC Dental Office at the Kearney Center	(850) 329-2215
FL DOH Leon Molar Express	(850) 404-6450
Neighborhood Dental Center Richardson-Lewis Center	(850) 577-0435
TCC Dental Hygiene Clinic	(850) 201-8247

COUNSELING & MENTAL HEALTH **58-65**

Apalachee Center	(850) 523-3333 ext. 8308
	MRT 24/7 helpline (800) 342-0774
Apalachee Center at Bethel	(850) 523-3269 / (850) 523-3333 ext. 8308
Behavioral Health Center at Capital Regional	(850) 325-5757
Behavioral Health Center at TMH	(850) 431-5100
Behavior Inc. Reentry	(850) 491-4713 / (850) 325-0551
Bright Future Behavioral Health, Inc.	(850) 792-7795
Butterfly Life Journeys	(850) 590-7540
Capital City Youth Services (CCYS)	(850) 576-6000 – 24/7 Crisis Hotline
	(850) 294-6044 – Case Management
	(850) 274-8689 – Drop-in Center

Depression & Bipolar Support Alliance (DBSA)	(850) 570-1916 / (800) 273-8255 / Text DBSA to 741741
Family Connections, Children's Home Society	(850) 921-0772 / (850) 747-5411
Family Resources, Inc.	(850) 567-1102
FSU Center for Couple and Family Therapy	(850) 644-1588
Holistic Plan of Care, Inc.	(850) 201-7105
I'm Free Now What LLC	(850) 306-4476
Lee's Place	(850) 841-7733
LGBT National Help Center	1 (888) 843-4564 – National Hotline
	1 (800) 246-7743 – Youth Talkline
	1 (888) 234-7243 – Senior Hotline
LIFE Center, The	(850) 597-9901
National Alliance on Mental Illness, Florida	(850) 841-3386 – Help line
Neighborhood Medical Center	(850) 224-2469 – Lincoln Center
	(850) 224-2409 – Smith-Williams Center
	(850) 300-7262 – Richardson-Lewis Center
New Hope Intervention	(850) 270-9686
Oasis Center for Women and Girls	(850) 222-2747
Refuge House Domestic Violence / Rape Crisis	(850) 681-2111
Tallahassee Vet Center, USVA	(850) 942-8810 / 1 (877) 927-8387
Townsend Addiction Recovery Center	(850) 656-5112
Trans Lifeline	1 (877) 565-8860
Veterans Crisis Line	1 (800) 273-TALK or (800) 273-8255

DOMESTIC VIOLENCE & SEXUAL ASSAULT **66-68**

AngelWingz Family Crisis and Intervention Center	(850) 422-0040
Florida Council Against Sexual Violence, Inc.	1 (888) 956-7273 / (850) 297-2000
Florida Dept. of Legal Affairs, Victim Services	(850) 414-3300 / 1 (800) 226-6667
Florida Domestic Violence Hotline	1 (800) 500-1119 / TTY: 711 / 1 (800) 621-4202
FLS Domestic Violence Legal Hotline	1 (800) 500-1119 ext. 3
Loveisrespect.org (Dating Abuse Helpline)	1 (866) 331-9474 / TTY: 1 (866) 331-8453
National Domestic Violence Hotline	1 (800) 799-SAFE (7233) / TTY: 1 (800) 787-3224
New Hope Intervention	(850) 270-9686
Refuge House, Domestic Abuse Program/Sexual Violence Program, SAFE Center	(850) 681-2111
	1 (800) 500-1119 - Domestic Violence Hotline
	1 (888) 956-7273 - Rape Crisis Hotline
	TTY: 1 (800) 621-4202
Survive And Thrive Advocacy Center (STAC)	(850) 597-2080
State Attorney's Office Victim / Witness Assistance Program	(850) 606-6117

SUBSTANCE ABUSE & ADDICTION **69-73**

Alcoholics Anonymous (AA)	(850) 224-1818 – 24-hour Hotline
Apalachee Center	(850) 523-3333 – ext. 8308
Behavioral Health Center, TMH	(850) 431-5100
Big Bend Area Narcotics Anonymous (NA)	(850) 224-2321 – NA Hotline
Celebrate Recovery, Killlearn UMC	(850) 445-6666 – Jim K.
	(850) 559-6130 – Margie C.

Christ Town Ministries	(850) 627-7181
DISC Village, Inc. Adult Services	(850) 561-0717
DISC Village, Inc. Juvenile Outpatient	(850) 561-0717
Holistic Plan of Care, Inc.	(850) 201-7105
KCI / NPI Tallahassee	(850) 425-1181
Natural Bridge Recovery Center	(850) 421-4115
New Season Opioid Addiction Treatment Center	(850) 878-7776
Oxford House, Inc.	(504) 239-0608
Promise Land Ministries	(850) 926-3281
Sisters in Sobriety	(850) 421-4115
Tobacco Free Florida / AHEC	1 (877) 848-6696 / 1 (877) 822-6669
Townsend Addiction Recovery Center	(850) 656-5112
Woodlands Camp	(850) 574-CAMP (2267)

PREGNANCY

74-77

Birth Cottage	(850) 224-BABY (2229)
Brehon House	(850) 656-7110
Family Health Line	(800) 451-2229
Healthy Start	(850) 488-0288
Making Miracles Group Home	(850) 727-3304
My Choice Adoptions	(850) 273-2629
Planned Parenthood of North Florida	(850) 574-7455
Pregnancy Help and Information Center	(850) 222-7177
Stork's Nest	(850) 290-2053
Tallahassee Memorial Healthcare	(850) 431-1155
Woman's Place, A, TMH	(850) 431-4915
Women, Infants and Children (WIC)	(850) 404-6350 / 1 (800) 342-3556

PARENTING & CHILDREN'S SERVICES

78-86

Boys & Girls Clubs of the Big Bend	(850) 656-8100 – Springfield Club (850) 894-2094 – Miccosukee Club (850) 535-9981 – Pinewood Place Club (850) 519-2609 – Sunrise Place Apartments
Camelot Community Care	(850) 561-8060
Capital City Youth Services (CCYS)	(850) 576-6000 – 24/7 Crisis Hotline (850) 294-6044 – Case Management (850) 274-8689 – Drop-in Center
Children's Home Society	(850) 488-0506
Children's Medical Services	(850) 245-4201
Circle of Parents Florida	(850) 921-4494 – ext. 202
City of Tallahassee, Community Housing / Human Services	(850) 891-6566
Community Connections Restorative Justice Program	(850) 891-2567
Dare to Dream Young Girls	(850) 847-3875
Early Steps, Children's Home Society	(850) 921-8989
Early Learning Coalition	(850) 385-0504
Family Connections, Children's Home Society	(850) 921-0772 / (850) 747-5411

First Words Project, FSU	(850) 488-5780
Florida Child Support Enforcement Hotline	(850) 488-5437
Florida KidCare	1 (888) 540-5437 / TTY: 1 (800) 955-8771
Head Start ~ Capital Area Community Action Agency	(850) 222-2043
	(850) 201-2060 - Mabry Street
	(850) 201-2062 - Louise B. Royal
	(850) 878-2320 - South City
Healthy Families Leon / Brehon Family Services	(850) 656-7110
Holistic Plan of Care, Inc.	(850) 201-7105
Homework Hub	(850) 606-2706
Kids Incorporated of the Big Bend Early Head Start	(850) 414-9800
	(850) 487-9124 - Pamela Davis Parkway
	(850) 219-0037 - Budd Bell Early Learning Cntr
	(850) 414-9815 - Brandon's Place at Lincoln
Learning Pavilion, The – Goodwill Industries Big Bend	(850) 921-5437
Leon County Health Dept.	(850) 404-6403
Oasis Center for Women and Girls	(850) 222-2747
PACE Center for Girls, Leon	(850) 241-0241
LIFE Center, The	(850) 597-9901
Palmer Munroe Teen Center	(850) 891-2569
Single Mother's Support Group Oasis Center	(850) 222-2747
Tallahassee Memorial Healthcare	(850) 431-1155
Walker Ford Community Center	(850) 891-3970
Whole Child Leon	(850) 692-3134

FINANCIAL ASSISTANCE, MONEY MANAGEMENT & TRANSPORTATION **87-92**

ACCESS Florida / Food Stamps (EBT)	(850) 300-4323
	1 (866) 762-2237 / TTY: 711 / 1 (800) 955-8771
All About Love, Inc.	(850) 591-2017
Assurance Wireless	1 (888) 898-4888 /1 (888) 321-5880
Bicycle House Tallahassee	(850) 545-4074
Capital Area Community Action Agency	(850) 222-2043
Catholic Charities	(850) 222-2180
City of Tallahassee, Community Housing/Human Services	(850) 891-6566
City Utilities Customer Services, Tallahassee	(850) 891-4968
Community Health Insurance Program (CHIP)	1 (786) 706-1146
Connections Church	(850) 583-1036
ECHO Outreach Ministries	(850) 224-3246
FAMU Small Business Development Center (SBDC)	(850) 599-3407
Health Insurance Marketplace	1 (877) 813-9115 /1 (800) 318-2596
	TTY: 1 (855) 889-4325
Leon County Veteran Services Division	(850) 606-1940
Minority Business Enterprise	(850) 219-1080
Salvation Army Tallahassee	(850) 222-0304
Social Security Administration	(866) 248-2088 / 1 (800) 772-1213
	TTY: 1 (800) 325-0778
StarMetro Bus Passes	(850) 891-5200
Senior Center Star Metro Annex	(850) 891-4000

Tallahassee Bail Fund	(850) 778-2414
Tallahassee Lenders' Consortium	(850) 222-6609 – ext. 100
Volunteer Income Tax Assistance (VITA)	(850) 414-0844

LEGAL SERVICES

93-96

Center for the Advancement of Human Rights	(850) 644-4551
College of Law Children's Advocacy Clinic	(850) 644-9928
Florida Bar Lawyer Referral Service	1 (800) 342-8011
Florida Department of Corrections, Circuit 2	(850) 717-3444
Legal Aid Foundation of Tallahassee	(850) 222-3292
Legal Services of North Florida, Tallahassee	(850) 385-0029 / (850) 385-9007
Leon County Office of Intervention & Detention Alternatives	(850) 606-5600
My Choice Adoptions	(850) 273-2629
State Attorney's Office Victim / Witness Assistance Program	(850) 606-6117
Tallahassee Bar Association, Lawyer Referral Service	1 (800) 342-8011
Tallahassee Women Lawyers	Email: Tallahasseewomenlawyers@gmail.com
United States Probation and Pretrial Services	(850) 521-3551

My Plan for Reentry Success

Check all of the items below that you need to obtain or tasks you need to accomplish.

Note whom to talk to, where to go, and what you need to do to meet your needs.

Name _____

Date _____

	WHAT I NEED	WHO / WHAT / WHERE FOR HELP
	DOCUMENTS & IDENTIFICATION	
	Birth certificate	
	Social Security card	
	State identification card	
	Driver's license	
	Driver's license status	
	Criminal history record	
	Voter registration	
	Email address	
	IMMEDIATE / BASIC NEEDS	
	Food	
	Clothing	
	Hygiene supplies	
	Furniture	
	Food stamps	
	Cell phone	

	WHAT I NEED	WHO / WHAT / WHERE FOR HELP
	HOUSING	
	Emergency housing	
	Transitional reentry housing	
	Housing approved for SOs	
	Transitional housing / families with children	
	Supportive housing / people with disabilities	
	Supportive housing / veterans	
	Rent and utility assistance.	
	Permanent housing.	
	HEALTH	
	Health care services (be specific.).	
	Health insurance	
	STD and HIV screening or services	
	Health care services for veterans	
	Dental care	
	SUBSTANCE ABUSE & ADDICTION	
	Outpatient drug and alcohol treatment	
	In-patient drug and alcohol treatment.	
	Support group for people with addictions	

	WHAT I NEED	WHO / WHAT / WHERE FOR HELP
	EMPLOYMENT	
	Job seeking skills	
	Resumé / application writing skills	
	Info on Federal Bonding Insurance	
	Info on Work Opportunity Tax Credit	
	Incarceration history explanation how-to	
	EDUCATION & TRAINING	
	Tutoring or academic support	
	Specific skills training	
	GED® diploma	
	Copy of my GED® transcript	
	Copy of college transcript	
	Post-secondary education and training	
	Financial aid for post-secondary education	
	Copies of program completion certificates	
	DOMESTIC VIOLENCE & SEXUAL ASSAULT	
	Emergency shelter for victims and survivors	
	Legal services for victims and survivors	
	Batterer's intervention services	
	Anger management services	

	WHAT I NEED	WHO / WHAT / WHERE FOR HELP
	MENTAL HEALTH & COUNSELING	
	Mental health treatment or services	
	Mental health medications	
	Anger management services	
	Family counseling	
	Grief counseling	
	Counseling and resources for LGBT people	
	Readjustment counseling for veterans	
	PREGNANCY & PARENTING	
	Pregnancy testing and counseling	
	Prenatal health care services	
	Parenting skills training	
	Education services or daycare for children	
	TRANSPORTATION	
	Reliable transportation	
	Bus pass	

	WHAT I NEED	WHO / WHAT / WHERE FOR HELP
	FINANCIAL ASSISTANCE & MONEY	
	Budgeting skills	
	Assistance collecting child support	
	Payment of child support	
	Payment of court costs, fees, and restitution	
	Payment plan for reconnecting utilities	
	Help managing debt	
	Small business development advice /services	
	Tax preparation assistance	
	Low-cost computer	
	LEGAL SERVICES	
	Probation Officer name / contact info	
	Legal services for non-criminal situations (landlord/tenant, family law, divorce, etc.)	
	Referral to a lawyer	
	OTHER	

Using Community Resources: Asking for Help in Person or by Phone

*If you are seeking assistance from one of the many community resources in Leon County, you may need to ask for help in person or by phone. It may feel unfamiliar or uncomfortable requesting information about the assistance you need. **Don't give up! Help is out there if you know how to ask for it.***

When you contact an agency or business for help or information, it's important to be prepared. Think ahead before you call or meet with someone to get answers to your questions. Be prepared to write down the answers you receive. Be aware that many of the agencies will use automated answering services and you will need to listen carefully in order to know what numbers to press to get the answers you seek.

Use the following outline to help you prepare to contact community resources.

Community Resource: _____

Phone Number: _____

Hello, my name is _____. I'm calling to find out more about your program / services in _____.

Can you please tell me what resources / services you offer?

Do I need to make an appointment? _____

Can you please tell me where you are located? (Directions? Bus route? Nearby landmarks?)

What are your hours? _____

Do your services cost money? _____

What documents do I need to bring? _____

Community Resource: _____

Phone Number: _____

Hello, my name is _____. I'm calling to find out more about your program / services in _____.

Can you please tell me what resources / services you offer?

Do I need to make an appointment? _____

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Community Resource: _____

Phone Number: _____

Hello, my name is _____. I'm calling to find out more about your program / services in _____.

Can you please tell me what resources / services you offer?

Do I need to make an appointment? _____

Can you please tell me where you are located? (Directions? Bus route? Nearby landmarks?)

What are your hours? _____

Do your services cost money? _____

What documents do I need to bring? _____

RISE Center

2966 Municipal Way, Tallahassee, FL 32304
(850) 606-3172 / martinb@leoncountyfl.gov
Monday – Friday 8 am – 5 pm

RISE is Leon County Sheriff’s Office’s continuum of care initiative, created to serve citizens being released from the Leon County Detention Facility, Department of Corrections, Department of Juvenile Justice, and the Federal Bureau of Prisons. RISE is a one-stop resource center with case managers focused on serving returning citizens.

Referrals offered for:

- identification documents
- employment
- education and training
- housing assistance
- substance abuse
- mental health
- legal services
- financial assistance/money management
- counseling
- healthcare access
- family reunification
- video visitation

LCISO partners with dozens of community organizations, educational programs, and local employers to provide these much-needed services. Their goal is to equip clients with everything they need to succeed in becoming productive members of our community.

***When others say I can't
... I RISE***

HELPLINES ~ HOTLINES

211 Big Bend
www.211bigbend.org

P.O. Box 10950
~ Tallahassee, FL 32302

24-hour support Hotline 2-1-1
(850) 617-6333

Helpline 2-1-1 is a 24/7 hotline that assists people with information and referrals in English and Spanish in all eight counties of the Big Bend. Skilled hotline counselors treat all calls confidentially and anonymously. Counselors help callers assess their needs, provide supportive counseling, provide crisis intervention, and suicide prevention, and offer information and referrals to community services. There are no eligibility criteria and services are free. 2-1-1 Big Bend's online community resource directory (www.211bigbend.org) is comprehensive and up to date. Free iPhone and Android apps are available for download to access the online directory.

Apalachee Center / MRT Helpline
www.apalacheecenter.org

2634 Capital Circle N.E.
~ Tallahassee, FL 32308

MRT 24/7 helpline (800) 342-0774

The Mobile Response Team (MRT) provides immediate assessment and intervention to anyone experiencing a mental health crisis. Trained counselors are available 24 hours a day to provide crisis intervention and link individuals to appropriate care providers. Apalachee Center's MRT currently serves all eight counties in our treatment area (Leon, Liberty, Franklin, Gadsden, Jefferson, Madison, Taylor, and Wakulla Counties).

Crisis Text Line
www.crisistextline.org

Text HOME to 741741

Crisis Text Line is a global not-for-profit organization providing free mental health texting service through confidential crisis intervention via SMS message. The organization's services are available 24 hours a day, every day, throughout the United States, Canada, UK, and Ireland.

Text HOME to 741741 from anywhere in the United States, anytime. Crisis Text Line is here for any crisis. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform. The volunteer Crisis Counselor will help you move from a hot moment to a cool moment.

Florida Domestic Violence Hotline
www.myflfamilies.com/service-programs/domestic-violence

1 (800) 500-1119
Florida Relay 711
TDD Hotline: 1-800-621-4202

Advocates are available by phone 24 hours a day in English, Spanish and Creole. Information about local service providers may be found on the DCF webpage: Florida Certified Domestic Violence Centers. Information regarding domestic violence and the programs available in Florida are also available on the DCF website:

<https://www.myflfamilies.com/service-programs/domestic-violence/>.

Family Health Line
www.211bigbend.org/family-health-line

(800) 451-2229
English/Spanish/Haitian Creole

The Family Health Line is a state-wide, free hotline, funded by the Florida Department of Health, which offers counseling, information and referrals about pregnancy, infant and toddler issues. The hotline provides callers with information on helpful community resources and answers basic questions about pregnancy, breastfeeding, childbirth education and other pregnancy-related concerns. The hotline is open from **8 a.m. - 11 p.m. Mon – Fri, 10:30 a.m. - 6:30 p.m. weekends**, and closed on state holidays.

Florida HIV/AIDS Hotline
www.floridahiv aids.org

(800) FLA-AIDS or (800) 352-2437 --English
(800) 545-SIDA or (800) 545-7432 --Spanish
(800) AIDS-101 or (800) 243-7101 – Haitian Creole
(888) 503-7118 (TTY Hotline) / Text “flhiv” to 898211

The Florida HIV/AIDS Hotline is the state-wide resource for HIV/AIDS-related information, community referrals and supportive telephone counseling. Callers receive information on HIV and AIDS-related issues including locations of testing sites and program services in Florida. Callers can webchat or text with a counsellor at www.FloridaHIV/AIDS.org. Inquiries will be researched, and a response will be sent within two business days. The hotline is open from **8 a.m. - 9 p.m. Mon – Fri, 10:30 a.m. - 6:30 p.m. Sat, 2 p.m. – 6:30 p.m. Sun**, and closed on state holidays. For additional HIV/AIDS information and resources visit www.thebody.com.

National Domestic Violence Hotline
www.thehotline.org

P.O. Box 161810
~ Austin, TX 78716

1 (800) 799-SAFE (7233)
TTY Hotline 1 (800) 787-3224

24-hour hotline provides crisis intervention, information and referral to victims of domestic violence or people questioning the health of their relationships. The hotline is toll-free, confidential and anonymous.

National Human Trafficking Hotline
www.humantraffickinghotline.org

1 (888) 373-7888 / (TTY: 711)
Text HELP or INFO to BeFree (233733)

The National Human Trafficking Hotline connects victims and survivors of sex and labor trafficking with services and supports to get help and stay safe. The National Hotline also receives tips about potential situations of sex and labor trafficking and facilitates reporting that information to the appropriate authorities in certain cases.

The toll-free phone and SMS text lines and live online chat function are available 24 /7. Help is available in English or Spanish, or in more than 200 additional languages through an on-call interpreter.

National Suicide Prevention Lifeline
www.suicidepreventionlifeline.org

Suicide and Crisis Hotline: 9-8-8

24-hour toll free and confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. Services provided include mental health short term crisis counseling and referrals. **Services are 24/7 in English and Spanish.**

Substance Abuse and Mental Health Services (SAMHSA) National Helpline

**1 (800) 800-662-HELP (4357)
TTY 1 (800) 487-4889**

<https://www.samhsa.gov/find-help/national-helpline>

SAMHSA's National Helpline is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Callers can also order free publications and other information.

Trans Lifeline

1 (877) 565-8860

www.translifeline.org

Trans Lifeline's Hotline is a peer support service run by transgender people, for transgender and questioning callers. Operators are located all over the U.S. and Canada, and are all trans-identified. Callers can call the hotline if they are in crisis or just need someone to talk to, even if it's just about whether or not they are trans, for support and resources.

Veterans Crisis Line

1 (800) 273-TALK or (800) 273-8255

www.veteranscrisisline.net

Press 1 to be transferred to the Veterans Crisis Line

24/7 confidential crisis support for veterans and their loved ones. Provides suicide and short-term crisis counseling as well as information and referrals on multiple issues and programs related to veterans and their families. Callers also have the option of a confidential live veteran chat through the website or by text at **838255**.

IDENTIFICATION

BIRTH CERTIFICATE

Leon County Health Dept. **1515 Old Bainbridge Rd.** **(850) 404-6401**
Office of Vital Statistics **~ Tallahassee, FL 32304**

<https://leon.floridahealth.gov/certificates/birth/index.html>

People who were born in Florida can get a certified birth certificate from the Office of Vital Statistics by bringing their Florida DOC picture I.D. or a copy of their Leon County Jail Defendant Criminal Records page to the Leon County Health Department as verification of identification. Applications are available to download on the website. Cost is **\$15.00** (cash, debit, or credit card.) Office Hours are **8 a.m. - 5 p.m., Mon – Fri**, and closed on state holidays.

Doris Malloy Leon County Tax Collector **1210 Capital Circle S.E.** **(850) 606-4700**
~ Tallahassee, FL 32399

Birth certificates can also be purchased through the Leon County Tax Collector’s Office for **\$21.25** at the following locations:

- **3840 N. Monroe St.**
- **1276 Metropolitan Blvd.**
- **3477 S. Monroe St.**
- **2900 Apalachee Pkwy**

Bureau of Vital Statistics **P.O. Box 210** **1 (904) 359-6900 ext. 9000**
www.floridahealth.gov **Jacksonville, FL 32231**
Attn: Client Services

People who were born in Florida can send an application to the State Office of Vital Statistics along with a photocopy of a valid photo I.D. or their Inmate I.D. and a **\$9.00** fee payable to “Vital Statistics.” Applications are available to download on the website.

FLORIDA I.D. and DRIVER’S LICENSES

Doris Malloy Leon County Tax Collector **1210 Capital Circle S.E.** **(850) 606-4700**
www.flhsmv.gov / www.leontaxcollector.net **~ Tallahassee, FL 32399**

- **Metropolitan Center -- 1276 Metropolitan Blvd., Suite 102 ~ Tallahassee, FL 32312**
- **Neil Kirkman Bldg. -- 2900 Apalachee Pkwy., B-133 ~ Tallahassee, FL 32399**
- **Southside -- 3477 S. Monroe St. ~ Tallahassee, FL 32301**
- **Tallahassee Lake Jackson Service Center -- 3840 N. Monroe St., Suite 102 ~ Tallahassee, FL 32312**

Fee for a Florida identification card is **\$31.25**. Fee for people experiencing homelessness is **\$6.25 (with letter from shelter.)** To apply for a Florida identification card, bring the following documents to one of the Tax Collector’s offices above.

- proof of date of birth (birth certificate or passport)
- two different types of address verification (letter from homeless shelter acceptable)
- proof of Social Security number (Social Security Card or W2). There is a Social Security Number Self Verification form available at the Tax Collectors office.

FLORIDA LICENSE ON WHEELS (FLOW)

Florida Dept. of Highway Safety and Motor Vehicles
<https://www.flhsmv.gov/locations/florida-licensing-wheels-flow/>

(850) 617-2000

Florida Licensing On Wheels (FLOW) brings Florida Dept. of Highway Safety and Motor Vehicles services to various sites around the city on various dates. Check the Florida Dept. of Highway Safety and Motor Vehicles website for calendar. Services include change from out of state driver license to Florida license, renewals or duplicates of lost or stolen license, state-issued I.D. cards, address / name changes.

Fees are **\$25** for a state-issued photo I.D. and **\$48** for Florida driver's license renewal. Fees are waived for people experiencing homelessness who have a letter from the shelter where they are staying.

DRIVER'S LICENSE STATUS

To find out your outstanding tickets and costs owed: <https://services.flhsmv.gov/DLCheck/>

To find out the cost of obtaining records or other license related fees: www.flhsmv.gov/fees

SOCIAL SECURITY CARD

Social Security
www.ssa.gov

2002 Old St. Augustine Rd.
Suite B-12 ~ Tallahassee, FL
32301

1 (866) 248-2088
1 (800) 772-1213

Apply for a free replacement Social Security card online at www.ssa.gov, or in person by bringing a state issued I.D. card (not prison I.D.) to the local Social Security office (Mon – Fri, 9 am – 4 pm). Applications can be found on-line or completed in person at the Social Security office.

Once you submit your application, you will receive a letter stating that you have applied for a replacement Social Security card, and it will take 2 weeks to receive your replacement Social Security card.

VOTER REGISTRATION

Leon County Supervisor of Elections **2990-1 Apalachee Pkwy** **(850) 606-8683**
www.LeonVotes.org ~ Tallahassee, FL 32301
Email: Vote@LeonCountyFL.gov

Starting January 8, 2019, certain convicted felons who have completed their sentences will have their voting rights restored and will be eligible to register to vote. "Completion of sentence" includes incarceration, probation, parole, and all financial obligations including fines, fees, costs, and restitution as ordered as part of the felony sentence. (Felons convicted of murder or sexual offenses are not eligible to register and vote unless the Florida Commission on Offender Review, Office of Executive Clemency restores their voting rights.)

If you are uncertain about the status of your sentencing obligations, the agencies listed below have resources to assist you.

Florida Division of Elections (Request an advisory opinion) **(850) 245-6200**
DivElections@dos.myflorida.com

Clerk of the Circuit Court and Comptroller (in the county where sentenced) **(850) 606-4000**
Leon County

Florida Department of Corrections **(850) 488-5021**
www.dc.state.fl.us

Florida Commission on Offender Review, Office of Executive Clemency **1(800) 435-8286 or**
4070 Esplanade Way ~ Tallahassee, FL 32399 **(850) 488-2952**
www.fcor.state.fl.us

League of Women Voters of Florida **(407) 377-5777**
<https://lwvfl.org/returning-citizens/>

For help paying your outstanding fines and fees contact: **1-877-MYVOTE-0 or**
Florida Rights Restoration Coalition **1-877-698-6830**
<https://floridarrc.com/> **info@floridarrc.org**

CRIMINAL HISTORY RECORD (RAP SHEET)

Florida Department of Law Enforcement **P.O. Box 1489** **(850) 410-8109**
Criminal History Services ~ Tallahassee, FL 32302
www.fdle.state.fl.us

The Florida Department of Law Enforcement (FDLE) is the central repository for criminal history information for the State of Florida.

As of July 1, 2020, all requests for Florida criminal history information must be done online at <http://www.fdle.state.fl.us/Criminal-History-Records/Florida-Checks.aspx>, with options for non-certified or certified records. Each search costs **\$25.00**, and must be paid by debit or credit card.

FOOD & CLOTHING / IMMEDIATE NEEDS

All About Love, Inc.

(850) 591-2017

Provides outreach services as funds are available, including prescription assistance, help with Food Stamps (SNAP/EBT) and SSI/SS applications, clothing, referrals for utility assistance, veterans' assistance, life management skills/budgeting, resumé and applications.

**McKenzie's Clothing Closet
Calvary United Methodist Church**

**2145 W. Pensacola St.
~Tallahassee, FL 32304
Entrance on 218 Ausley Rd.**

(850) 576-3124

<https://mckenzieclothingcloset.weebly.com/>

Free clothing provided to the community every Monday 8:30 am—11 am.

Catholic Charities
www.ccnwfl.org

**1380 Blountstown Hwy.
~ Tallahassee, FL 32304**

(850) 222-2180

Food pantry at front door, **Monday thru Thursday 2:30 pm--3:30 pm, for families to access once every two months.** Head of household Photo ID required, and new clients are required to complete a form.

City Walk Urban Mission
www.citywalkthrift.com

**1105 N. Monroe St.
~ Tallahassee, FL 32303**

(850) 528-3909

Email: help@citywalkthrift.com

Accepts vouchers from participating social service agencies for clients to obtain clothing. A food pantry is located inside the City Walk thrift store and is open **Mon – Sat, 10 am – 6 pm.**

Connections Church
www.connectionsfgg.org

**1900 S. Monroe St.
~ Tallahassee, FL 32301**

(850) 583-1036

Email: jeff.franck@connect-ag.org

Provides clothing and prescription assistance when funds are available. Three free meals weekly for anyone in need: lunch on Wednesday after Bible study, breakfast Sunday before church services, and lunch after services. Free transportation to church from the Kearney Center and other designated locations at designated times. Call for nearest location. Helps unsheltered persons on Thursdays obtain Florida I.D. *after* they have first visited the Kearney Center or ECHO for initial information.

ECHO Outreach
www.echotlh.org
Email: info@echotlh.org

548 E. Bradford Rd.
~ Tallahassee, FL 32303

(850) 224-3246

The ECHO Ministries Emergency Resources Program provides a broad array of basic necessities, supportive services, and referrals to provide an immediate first step to self-sufficiency for our clients. This program is open to people living in the Big Bend area who are experiencing poverty, homelessness, or other crisis situations. We also provide assistance with filing for eligible government benefits (i.e. SNAP, Medicaid). Clients experiencing homelessness can use our office address as a mailing address. To receive services, **clients must present a photo ID**, however there are no charges for services.

The following items are provided (as donations permit):

- Food
- Clothing and Goodwill clothing vouchers
- Diapers, formula and car seats
- Referrals to other agencies
- Seasonal items (coats, heaters, fans)
- Canes, Crutches and walkers
- Furniture
- House wares
- Hygiene products
- Backpack and other school supplies

Walk-ins welcome: Monday-Friday 9am-12pm
Appointments only: Monday-Thursday 1pm-5pm

Furniture requests for formerly homeless individuals coming out of shelter or victims of fire or disaster, contact Jon Hinkle at Tallahassee Furniture Bank (850) 224-3246, X 205

Good Samaritan Network
Thrift Store
<https://www.gsncares.org>
Email: info@GSNcares.org

2706 N. Monroe St.
~Tallahassee, FL 32303

(850) 297-1113

Community Outreach – community food and clothing distribution - monthly on 2nd Saturdays, 10:30 am – 1 pm
Clothing and household items – people can fill out a Benevolence application at the thrift store for clothing and household items at the thrift store

Women of Worth Tea Party – a monthly gathering of women who are at or near homelessness.

- 2nd Fridays of each month at 11 am
- Luncheon, Friendship, Fellowship
- Door Prizes, Fun, Guest Speaker
- Toiletry/Clothing Giveaway
- Transportation: Van will pick up at the Kearney Center at 10:30pm

Grace Mission
www.gracemission.net
Deacon Rachel Hill

303 W. Brevard St.
~Tallahassee, FL 32301

(850) 224-3817

- **Lunch:** Thursdays at 11:30 am, bag lunch and hot meal
- **Dinner and Service:** Sundays at 4 pm
- **Showers** (by appointment): Wednesdays and Fridays
- **Clothing:** distributed the 3rd Thursday of each month from 11:30 am to 1 pm
- Closed Mondays

Good News Outreach
www.goodnewsoutreach.org
Email: info@goodnewsoutreach.org

548 E. Bradford Rd.
~ Tallahassee, FL 32303

(850) 412-0016

Good News Outreach food ministries include a meal delivery service for seniors and a pantry for others experiencing food insecurity.

- **Open 9 am - 2 pm Wednesdays, 8 am – 2 pm on Thursdays**
- Bring proof of residency in Leon County
- Clients receive groceries once a month
- Transportation to the pantry provided by Big Bend 2-1-1's Lyft program. Call 2-1-1 in advance to schedule your ride.

The Elder Services Program for seniors 55 or older provides grocery delivery as well as providing nutritional supplements, adult hygiene products – and when possible, reading glasses and necessary kitchen tools. Monthly phone contact is provided on a case-by-case basis. Call (850) 412-0016 or email info@goodnewsoutreach.org.

Jacob Chapel Baptist Church
<https://jacobchapel.org/>
Email: info@jacobchapel.org

2333 Lake Bradford Rd.
~ Tallahassee, FL 32310

(850) 574-3150

- Food pantry is open to the community on Tuesdays and Wednesdays from 1 pm - 3 pm.
- Free bread and pastries every Thursday from 8 a.m. until resources are gone
- Farm Share every other Thursday from 11 am – 1 pm
- Every first Friday of the month, beginning at 1 pm, the church provides free food items such as produce, breads, meats, desserts and more to the community

Marantha SDA Church
www.maranathasda.org

3121 Jim Lee Rd.
~ Tallahassee, FL 32301

(850) 878-7780

Community Food Bank: Every third Wednesday of each month 3:00 – 6:00 p.m.

Rotary Club of Tallahassee
www.Tallahasseerotary.org
Email:
rotaryclubofTallahassee@gmail.com

P.O. Box 3221
~ Tallahassee, FL 32315

(850) 766-1362

Provides emergency assistance, including emergency funding for safe housing. Contact: koutnikk@yahoo.com

Salvation Army Tallahassee
www.salvationarmyflorida.org/Tallahassee
[e](http://www.salvationarmyflorida.org/Tallahassee)

2410 Allen Rd.
~ Tallahassee, FL 32312

(850) 222-0304

- Food pantry is open Mon – Fri, 9 am – 3 pm, and can be accessed once every 30 days
- All other services can be accessed once per year:
 - o Clothing vouchers – 2 shirts, 2 pairs of pants, one pair of shoes for each person in the household
 - o Basic hygiene items
 - o Feminine hygiene products (as donations permit)
 - o Diapers and baby items (as donations permit)
 - o Utility assistance – Call on Mondays after 9 am to determine eligibility

To receive services individuals must bring in a photo I.D., and birth certificates for any minors in the home.

Second Harvest of the Big Bend

850-562-3033

www.fightinghunger.org

Email: info@fightinghunger.org

Second Harvest of the Big Bend food bank works with a network of partner agencies to distribute healthy and nutritious food to people in need. Second Harvest educates and engages the community in the fight against hunger, and relies on assistance from individuals, businesses and organizations who share the commitment to a healthy community. Use the link to the Second Harvest website www.fightinghunger.org for an updated list of distribution centers in Leon County, dates and times pantries are open, and contact information for each.

The Living Harvest Thrift Stores

1219 W. Tharpe St. ~ Tallahassee, FL 32303

(850) 536-6082

308 E. Orange Ave. ~ Tallahassee, FL. 32301

(850) 900-5930

Four Oaks Plaza, 4500 West Shannon Lakes

(850) 765-6285

Drive, Suite 7 ~ Tallahassee, FL 32309

www.thelivingharvest.org/thrift-stores.html

Thrift Store is open to the general public Monday-Saturday 10 am-5 pm. Call or come in to inquire about vouchers for formerly incarcerated people and people experiencing homelessness.

HOUSING

Ability1st
www.ability1st.info

1823 Buford Ct.
~ Tallahassee, FL 32308

(850) 575-9621

A Place Called Home (APCH)

A Place Called Home and A Place Called Home Families provides permanent supportive housing placements for chronically homeless individuals with a disability and for families that include a parent with a disability. Both programs include additional services such as life skills training, applying for and maintaining government benefits, crisis counseling and money management. Each individual or family in the program works with an Ability1st housing coordinator who negotiates leases with local landlords, processes rent payments, and documents the progress of their Individual Service Plan, which includes long-term goals set by the consumer

Access to Independence (ATI) program

- Access builds - partnering with local civic, professional, and church groups to construct wheelchair ramps and half-steps to enable members of our community with disabilities to get in and out of their homes safely.
- Medical equipment loans – loaning wheelchairs, walkers, transfer benches and shower chairs to those with low incomes and no health insurance coverage for this equipment
- Disposable medical supplies – providing items necessary for good sanitation and to prevent infection, such as disposable undergarments, bed pads, wipes and sterile gloves

Home Modification Program

Together with the State Housing Initiative Partnership Program (SHIP), the Home Modification Program provides home improvements necessary to eliminate health, safety and architectural barriers from the home.

Nursing Home Diversion Program

The Nursing Home Diversion Program is designed to enable people living with disabilities to live independently and remain in their homes rather than moving to a more restrictive and expensive setting. The program provides home modifications, such as widening a doorway to accommodate a wheelchair; installing grab bars to make the shower safer; or building a ramp to provide easier access in and out of the home.

AngelWingz Family Crisis and Intervention Center
www.angelwingz.org
Email: angelwingzfcic@gmail.com

P.O. Box 3914 ~
Tallahassee, FL 32315

(850) 422-0040

Provides crisis intervention for victims of domestic violence and human trafficking in Tallahassee, FL and the surrounding Big Bend area. AngelWingz provides victims and their families with much needed resources designed to enable a safe escape and transition to recovery and rehabilitation. **Connie's Corner** is a transitional home providing temporary services for women in emergency crises.

Available 24 hours a day 7 days a week.

Apply online for Connie's Corner transitional home at www.angelwingz.org/services.html

Big Bend Homeless Coalition

2729 W Pensacola St.

Main: (850) 576-5566

www.bigbendhc.org

~ Tallahassee, FL

Veterans Program: (850) 792-9440

General: info@bigbendhc.org

32304

Veterans Program: veteran@bigbendhc.org

- **Home Front Veterans Community** -- Affordable apartments for veterans with disabilities who have extensive histories of homelessness. A HUD-VASH project site in partnership with the Veterans Administration and the Tallahassee Housing Authority
- **Home Place at Balkin** -- Affordable fully accessible apartments and supportive services for individuals with disabilities who have extensive histories of homelessness
- **Home Plate** -- Housing assistance and supportive services for individuals with disabilities who have extensive histories of homelessness
- **Homeless Prevention** -- Financial assistance to pay past-due rent and utilities to prevent households with minor children from being evicted and becoming homeless
- **HOPE Community** -- Emergency shelter and supportive services for households with minor children
- **Patrick Avenue Townhouse Apartments** -- Affordable apartments for low-income households with minor children
- **Rapid Re-housing** -- Utility deposits, initial rent payments, and case management for households with children who are self-sufficient but lack funds to move into an apartment
- **Advocates for Veteran Housing / Supportive Services for Veterans Housing** -- Rapid rehousing, prevention, and case management for Veteran households

Brehon House

1315 Linda Ann Dr.

(850) 656-7110

www.brehonfamilyservices.org

~ Tallahassee, FL 32301

Email: jwebb@brehonfamilyservices.org

Provides transitional housing for homeless pregnant women and their children, ages three years or younger. Provides services and programs that promote healthy families, nurturing parent-child relationships, and healthy babies. Offers access to education, medical care and childcare. All services are provided at no cost. Clients must be at least 18 years old, pregnant at the time of their enrollment, currently homeless or living in a dangerous environment from which they wish to escape. Clients must not have a criminal history that would pose a danger to themselves or others and must be willing to abide by the house rules.

CARE Tallahassee

1224 Eppes Dr.

(850) 320-0281

www.care-Tallahassee.org

~ Tallahassee, FL 32304

Email: bobrumbley@care-Tallahassee.org

www.care-Tallahassee.org

manager@care-Tallahassee.org

Provides a Christian home for up to 32 men at risk of homelessness. Assists men with basic needs for food and shelter while also providing opportunities to grow and mature towards healthy social and spiritual living. Formerly incarcerated men, including people with sex offenses, may be referred by corrections or probation officers or may self-refer. Must agree to attending Bible studies, following community rules and attending meetings and chapel. Residents are expected to provide labor services that support the ministry and are allowed to live rent free until employed; when employed, they are expected to pay program fees. Interested clients should complete the Program Agreement at www.care-Tallahassee.org to be considered for acceptance in the CARE Tallahassee program.

Capital City Youth Services (CCYS)
www.ccys.org
Email: info@ccys.org

2407 Roberts Ave.
~Tallahassee, FL 32310

24/7 Crisis Hotline: (850) 576-6000
Case Management: (850)294-6044
Drop In Center: (850)274-8689

CCYS provides Guidance, Shelter, and Support to youth and families in the Big Bend area.

Someplace Else (Youth Crisis Shelter)

Serving youth ages 10 – 17 through a short-term residential program and emergency shelter; 24-hour supervision. Includes counseling for youth and their families.

Going Places Outreach Program

Serving youth ages 11-24 through supportive and non-judgmental relationships. Staff connect youth with resources and services through the Drop-In Center and Street Outreach. Providing support to homeless, runaway, and at-risk youth.

National Safe Place

Serving all ages who have run away or are thinking about running away from home. Youth can access safety and CCYS through local businesses and partner agencies displaying the **Safe Place** sign. **Text the word “SAFE” and Tallahassee, FL to 69866** to get immediate help and find the closest Safe Place. Youth seek safety with partnering businesses and community centers displaying the Safe Place sign.

City of Tallahassee,
Housing Division, Department of Housing
and Community Resilience

435 N. Macomb Street, 3rd Floor
~ Tallahassee, FL 32301

(850) 891-6566

<https://www.talgov.com/neighborhoodservices/housingprograms>

Email: housing@talgov.com

Provides affordable housing and homeless programs information. Assists with housing programs, emergency shelter, temporary relocation, emergency home repair, roof replacement or repair, A/C replacement or repair, window replacement, down payment assistance and home buyer counseling

Apply for help online at: <https://portal.neighborlysoftware.com/Tallahassee/participant>

City Walk Urban Mission
www.citywalkthrift.com
Email: Renee@citywalkmission.com
Emily@citywalkmission.com

City Walk Urban Mission
1709 Mahan Dr.
~ Tallahassee, FL 32308

850-491-7940

Provides Christian-based supportive group housing and transitional housing for men or women being released from incarceration, including individuals required to register for sex offenses. Request an application from Emily@citywalkmission.com or stop by in person.

Transitional Re-entry and Recovery Program: Men and women coming from incarceration, experiencing homelessness, or in need of support for sober living are invited to apply for our 12-month program. Included in our program are the following:

- Residents are placed in employment based on skill set and market availability
- Licensed mental health counseling is provided to each resident weekly
- Basic transportation
- Housing (private room or cabin)
- Food
- Hygiene items
- Clothing
- Personal mentors and advisors

Upon completion of the 12-month program, City Walk pays for graduate's transition expenses (i.e., security deposits, utility deposits, home furnishings and household supplies).

Transitional Re-entry and Recovery Program fees are \$1000 / month. Paper applications can be picked up at thrift store; interviews are also held at the thrift store.

Sober Living Supportive Housing Program: Men and women coming from incarceration, experiencing homelessness, or in need of support for sober living who have an income are invited to apply for our transitional program. There is no curfew or time restraints. Included in our program are the following:

- Housing (private room or cabin),
- Food,
- Hygiene items,
- Clothing,
- Personal mentors and advisors.

Sober Living Supportive Housing Program fees are \$650 / month. Paper applications can be picked up at thrift store; interviews are also held at the thrift store.

The Dwellings
www.thedwellings.org
Email: TheDwellings@RoyalAmerican.com

5100 Blountstown Hwy. ~
Tallahassee, FL 32304

(850) 786-2290

The Dwellings tiny homes provide a manageable space for individuals who are institutionally, financially, or socially disadvantaged. On-site management provides tenants with tools to overcome problems and find suitable long-term solutions. Each home is equipped with an Amazon Echo allowing individuals to order medication, call Dial-A-Ride, etc. Homes are equipped with smart meters to maintain utility consumption, internet, smart HD TVs, solar-powered options, smart lighting, door locks, fans, and air conditioning. Upon completion, grounds will contain 130 tiny homes and:

- A community center, community gardens and greenhouse
- Training / educational facilities
- Community kitchen / dining hall / outside gathering spaces

The Dwellings has specific program guidelines that all residents must adhere to. Prospective residents should review the guidelines online at www.thedwellings.org/contact/ prior to inquiring about residency. To apply, use the "Contact" form online to request an assessment and application.

ECHO Outreach
www.echotlh.org
Email: info@echotlh.org

548 E. Bradford Rd.
~ Tallahassee, FL 32303

(850) 224-3246

The ECHO Ministries Emergency Resources Program provides a broad array of basic necessities, supportive services, and referrals to provide an immediate first step to self-sufficiency for our clients. This program is open to people living in the Big Bend area who are experiencing poverty, homelessness, or other crisis situations. We also provide assistance with filing for eligible government benefits (i.e. SNAP, Medicaid). Clients experiencing homelessness can use our office address as a mailing address. To receive services, **clients must present a photo ID**, however there are no charges for services.

The following items are provided (as donations permit):

- | | |
|---|--------------------------------------|
| ● Food | ● Canes, Crutches and walkers |
| ● Clothing and Goodwill clothing vouchers | ● Furniture |
| ● Diapers, formula and car seats | ● House wares |
| ● Referrals to other agencies | ● Hygiene products |
| ● Seasonal items (coats, heaters, fans) | ● Backpack and other school supplies |

Walk-ins welcome: Monday-Friday 9am-12pm
Appointments only: Monday-Thursday 1pm-5pm

Furniture requests for formerly homeless individuals coming out of shelter or victims of fire or disaster, contact Jon Hinkle at Tallahassee Furniture Bank (850) 224-3246 X 205

Good News Outreach
www.goodnewsoutreach.org
Email: info@goodnewsoutreach.org

606 W. 4th Ave. ~ Tallahassee, FL 32303 (850) 692-3301
548 E. Bradford Rd. ~ Tallahassee, FL 32303 (850) 412-0016

Office Hours: Mon – Thurs, 9 am – 4 pm; Fri 9 am – 1 pm

4th Ave satellite office is home base for the reentry program manager, the Better Angels senior program, donor relations office and executive director.

Programs provide case management, Getting Ahead classes, AA/NA groups, budget counseling, educational programs for children and resource referrals.

Mercy House Prison Reentry Program for Men

Mercy House welcomes formerly incarcerated men as they begin the journey to become contributing members of society. Provides a 6 – 9-month transitional housing program for formerly incarcerated men, who receive help with substance abuse, clothing, medical needs, job searching, education issues and other activities of daily living. Men with sex offences are not eligible.

To apply, contact Good News Outreach by phone, email or letter

- (850) 412-0016
- info@goodnewsoutreach.org
- P.O. Box 3304, Tallahassee, FL, 32315

Provide the applicant’s Department of Corrections number. An application will be sent to you to complete and return to Good News Outreach

Maryland Oaks Crossing

Maryland Oaks Crossing is an affordable housing community with wrap-around services for the entire family, offering two- and three-bedroom manufactured homes for rent. The focus is on families with children, but some units are set aside for people with disabilities. Key extras include:

- Laundry facilities
- Monthly on-site pantry
- A summer enrichment program for schoolchildren
- A playground and
- A community center for residents, with separate computer rooms for adult and children, a television-and-library area and meeting space.
- Chapman Community Health Program provides free health screenings, wellness workshops, tutoring for children and social events

To qualify for available housing, clients must:

- meet income limits for HUD-assisted housing
- be eviction-free for at least three years
- have no sexual-crime or violent-crime convictions
- be willing to participate in wrap-around services for the entire family.

Households must have minimum monthly incomes of \$1,400 to be eligible for a two-bedroom home or \$1,600 for a three-bedroom unit. On-site housing director works with agencies that can help with move-in costs, depending on client’s needs. Email: Daryl Jaquette at darylj@goodnewsoutreach.org or call (850) 412-0016.

**Good Samaritan Inn
Residential Program For Men**

**2706 N. Monroe St.
~Tallahassee, FL 32303**

(850) 297-1113

www.gsncares.org

Email: GoodSamaritanNetwork@gsncares.org

A program for men desiring to participate in a faith-based, residential program that includes work therapy, community service, life skills training, spiritual enrichment, accountability, and structure. Men required to register for sex offenses are welcome.

- Clients fill out an application found on-line at <https://www.gsncares.org/inn-for-men/> or call to arrange an interview. Application forms can also be picked up at the thrift store on 2706 N. Monroe St.
- Clients are required to sign the Good Samaritan Network Program Agreement.
- Costs of program participation depend on applicants' financial needs and abilities and are determined on a case-by-case basis.

**Good Samaritan Network Chelsea House for
Women <https://www.gsncares.org>
Email: GoodSamaritanNetwork@gsncares.org**

**P.O. Box 10547
~ Tallahassee, FL 32312**

(850) 297-1113

Chelsea House provides a Christian-based residential housing program for women and single-mom families who are able and willing to work, go to school and/or volunteer with the ministry full-time.

- Provides physical, emotional, and spiritual support.
- Clients fill out an application found on-line at <https://www.gsncares.org> or call to arrange an interview.
- Program fees \$300/month, \$75 weekly or \$15 nightly. If a resident is unable to pay, she may apply for a scholarship, and may be approved based on fund availability and program compliance.
- Program fees cover curriculum, housing, and utilities.
- Residents are responsible for their own personal care items including food, transportation, meds, personal bills, laundry supplies, etc.
- Chelsea House residents are welcome to access the Resource Pantry which includes donated clothing, food, personal care items, laundry supplies, household items.

PLEASE NOTE: THE CHELSEA HOUSE MAINTAINS A TOBACCO-FREE ENVIRONMENT.

**Goodwill Industries - Big Bend Inc.
Residential Services
www.goodwillbigbend.org/affordable-housing
Email: tara.phelan@thecolumbiagroup.com**

**300 Mabry St. ~
Tallahassee, FL 32304**

(850) 279-5041

Goodwill Industries – Big Bend Inc. Residential Services manages twelve accessible and affordable apartment complexes for people with disabilities in North Florida and South Georgia. Subsidized by the federal government, the apartment complexes allow persons with a verifiable, developmental, emotional, or physical impairment to live independently and pay rent based on their income.

Habitat for Humanity
www.bigbendhabitat.org

2921 Roberts Ave. ~ Tallahassee, FL
32310

(850) 574-2288

Provides new homes for eligible applicants. Applicants must demonstrate need, comply with HUD guidelines, and undergo criminal background checks (no violent offenses.) Apply online or in person. To be eligible, applicants must:

- have lived in Leon or Gadsden County for one year or more.
- have had the same job or source of verifiable income for 6 months or more.
- have household income within the income guidelines.
- be willing to make a small cash down payment.
- be willing to live on a lot provided by Habitat for Humanity
- be able and willing to work and contribute 400 "Sweat Equity Hours."

Humble House Ministries, Inc.
www.humblehouseministries.org
Email: humblehousetally@gmail.com
www.facebook.com/HumbleHouseTally

3004 Mahan Dr.
~Tallahassee, FL 32308

(850) 999-2490

A faith-based, biblically centered, addiction recovery ministry for women. Discipleship and transitional program is a long-term residential (9 - 12-month average) program for women that focuses on all aspects of addiction recovery... physical, social, psychological, emotional and spiritual.

Humble House emphasizes biblical discipleship and complete accountability, along with many life skills classes. While in the program each client will be assigned a case manager and participate in mandatory classes including church services. Apply online or call for more information.

Joseph House
www.josephhouseus.org
Email: frdustin@josephhouseus.org

302 E. Bradford Rd.
~ Tallahassee, FL 32303

(850) 933-0375

Joseph House collaborates with other community partners to provide evidence-based, trauma-informed programming for men soon to be released from prison or recently released. Length of stay varies. Participants are provided with housing, food, clothing, and a range of services to assist with their transition back into society in order to support their complete restoration into our communities and neighborhoods. Open to individuals of all faiths or no faith. Open to individuals with sex offenses.

The Kearney Center CESC
www.kearneycenter.org

2650 Municipal Way
~ Tallahassee, FL 32304

(850) 792-9000

The Kearney Center is an entry point for individuals experiencing homelessness or economic hardship in the Big Bend region. Services include temporary emergency shelter, meal services, daytime services, and medical assistance. Meals are offered seven days a week, upon registering as a client of The Kearney Center.

Emergency Temporary Shelter is provided daily and has an 8 pm check-in time. Clients staying overnight must:

- Be at least 18 years old
- Be able to physically care for themselves
- Not have previously been registered as a sexual offender.

Overnight clients have access to laundry, showers, storage, and the on-site medical clinic open nightly from 5:30 pm- 8:45 pm.

Daytime Services. Various support services are available Monday – Friday via partnering social service providers, on-site from 8:30 am- 11:30 am, and 1 pm-4:30 pm. **You must be receiving emergency temporary shelter from the Kearney Center to receive these services.** Daytime services include laundry, showers, access to telephones and computers, access to case management, and counseling from on-site partner agencies.

Medical services and medication assistance are provided nightly from 5:30 – 8:45 pm by The Kearney Center’s nursing staff. CESC Health Services grants qualifying clients access to a variety of medical and dental services.

Every reasonable attempt is made to coordinate discharge of a patient or client from care facilities to the Kearney Center. To facilitate this, contact The Kearney Center Monday-Friday, 8 am- 4:30 pm. Call **Discharge Coordination (850) 792-9000 ext. 115**. Failure to properly coordinate with Center staff may result in the patient or client being denied access to our facility.

Making Miracles Group Home
www.makingmiraclesgrouphome.org
Email: harris_debra@yahoo.com

P.O. Box 12953
~ Tallahassee, FL 32317

(850) 727-3304

Making Miracles Group Home is a faith-based one-year, live-in program designed to support young mothers, and teach them how to live independently and care for themselves and their children. Making Miracles Group Home accepts women who are pregnant and/or have a child under three (3) years of age. Dedicated to helping young women reach their greatest potential experience by providing a stable foundation, empowering women to build wholesome and healthy lives. Room and board and services are free of charge and residents are able to stay for up to one year. People with criminal backgrounds may be accepted depending on charges. Determination is made on a case-by-case basis. Apply online at www.makingmiraclesgrouphome.org.

Oxford House, Inc.
www.oxfordhouse.org
Email: josh.white@oxfordhouse.org

103 Barbourville Dr.
~Tallahassee, FL 32301

(504) 239-0608

Oxford House is a self-run, self-supported addiction recovery house offering a supportive, clean, and sober environment. Leon county currently has 6 houses for men, 1 for women, and 1 for women with children. Residents learn alcohol and drug-free living skills, receive 24-hour support from peers in recovery, share responsibilities, participate democratically in running the household, and equally share expenses. Move-in fee (\$150) due upon acceptance into the house; weekly cost is \$135 - \$175 per person. Open to anyone with substance abuse disorder and co-occurring disorders; no people with sex offenses. Visit <https://www.oxfordvacancies.com/> to see available vacancies and apply online. Applications may also be submitted while incarcerated to secure housing upon release.

Refuge House Domestic Violence and Rape Crisis Programs
www.refugehouse.com

24-hour local hotline: (850) 681-2111
Toll Free Florida Domestic Violence Hotline: 1 (800) 500-1119
Toll Free Florida Sexual Assault Hotline: 1 (888) 956-7273
TTY: 1 (800) 621-4202

Provides emergency shelter and transitional housing, counseling, support groups, and case management for adults and families at risk of domestic violence, sexual assault, or prostitution. Safe shelter services for men individually arranged; individual and group counseling for women and children in shelter and in outreach offices; information and referral to other services.

Emergency Shelter. Refuge House has two emergency shelters: one in Leon County and one in Taylor County, offering a safe place for adults and families who have no other safe housing option.

- For the safety and security of those at Refuge House, the locations of the shelters are confidential.
- While in shelter, residents are provided with emergency foods, linens, clothing, and other needed personal items. Staff members help clients meet their goals for housing, jobs, family support and any other “next steps”. Special activities are designed to help children begin the process of recovering from violence as well. Shelter residents may stay for 45 days.

The Refuge House Transitional Housing Program provides confidential, safe housing to victims of domestic violence, sexual assault, prostitution, and sex trafficking, and to their children, for up to two and a half years.

- The “**Safe Haven**” site features rooms located within the Emergency Shelter for survivors and families needing 24-hour crisis intervention and the highest level of site security.
- The “**360**” site features family rooms and apartments within a community living house. This site is for survivors and families who want to benefit from strong support from other survivors, case management assistance, and a rich menu of educational, wellness, and personal interest groups.
- Community-based site is the “**Townhome Village**,” where independent living is combined with Refuge House activities, events and supportive counseling services.

Shisa House Community Release & Re-Entry Center
www.shisa.org/

418 W. Virginia St.
~ Tallahassee, FL 32301

(850) 222-4859

Under contract with the Florida Department of Corrections, Shisa House operates a transitional home for female offenders in Tallahassee. To be eligible to live at the Shisa House, and participate in a work-release program, inmates must pass the screening standards set and administered by the Florida Department of Corrections.

Teen Challenge 4141 Apalachee Pkwy. (850) 385-8336
Tallahassee Men's Center ~ Tallahassee, FL 32311 Admission (855) 934 4673
Email: Adult.admissions@teenchallenge

Provides Christian-based men's (18+) year-long residential program for recovery from substance abuse and other life controlling problems. Provides one-on-one mentoring, job training and GED® study if needed. Program requires Bible study and regular church attendance. Sliding scale fee; scholarships may be available. Court ordered and self-referred clients accepted; no sex offenses and cannot accommodate individuals with certain physical disabilities.

Mandatory documents upon admission

- Picture ID (driver's license, state ID)
- Social Security card (or letter from SS office stating you have applied)
- Medical paperwork/tests (Physical, TB, HIV, HEP-C tests results)
- Medical insurance card (if covered, for incidental medical needs)
- Green card (if a non-citizen permanent resident)

Tallahassee Housing Authority, Florida 2940 Grady Rd. (850) 385-6126
www.tallha.org ~ Tallahassee, FL 32312 TDD: 711
Waitlist: 850-210-1486

Provides affordable housing for persons with low to moderate incomes through two programs: **Housing Choice Voucher (HCV)/Section 8** and **Public Housing**. The Tallahassee Housing Authority also provides supportive services for our residents (clients) and coordinates additional services through the **Family Self-Sufficiency (FSS) program**.

The Living Harvest (TLH), Mailing Address: (850) 900-5930
Serenity House 1219 W. Tharpe St. ~ Tallahassee, FL
www.thelivingharvest.org 32303
Email: office@thelivingharvest.org

The Living Harvest (TLH) is a faith-based long-term residential 12 Step Recovery and Substance Abuse focused program for men with criminal justice involvement in transition. TLH goals focus on safety, reducing recidivism, and moving those they serve into successful, productive lives as they rejoin our community. TLH provides a safe sober living environment, skills training, counseling, employment assistance, recovery meetings, support groups, mentoring and accountability. There is no cost to the individual.

People interested in applying for the program should read the residential rules on the website and then fill out the application also found on-line. Completed applications should be sent to: **The Living Harvest, Inc. 1219 West Tharpe Street, Tallahassee, FL 32303** or emailed to office@thelivingharvest.org.

Westgate 3215 Westgate Ct. (850) 574-0020
Email: westgate@royalamerican.com ~ Tallahassee, FL 32304

Provides a residential program designed to assist people transitioning to an independent living environment. Each resident is provided an individualized case plan that is managed by the staff on site. Each prospective resident should walk in to complete an assessment and interview. Both single residential occupancy and efficiency apartments are available. Each includes wifi, utilities, furniture, on-site laundry facilities and trash pick-up. Bring proof of income (Social Security award letter, check stub, etc.) and state-issued ID. People with sex offenses are not eligible.

Woodlands C.A.M.P.

www.woodlands-camp-tally.org

Email: scoma.woodlands@gmail.com

**2320 Talley Lane
~ Tallahassee, FL 32303**

(850) 574-CAMP (2267)

Facebook: www.facebook.com/woodlands-camp-Tallahassee

Woodlands C.A.M.P. is a faith-based program that supports individuals in their journey from life's interruptions, including incarceration and/or addictions, back into the community with restoration and purpose. The program offers a supportive way of living and opportunities to learn coping skills, in a clean and sober environment. The Woodlands program provides a combination of freedom and structure to help in readjusting to an unstructured environment. The residents must abide by program rules that act as guard rails as they pursue independent living and accomplishing their life goals. The campus is located only minutes from Tallahassee Community College and Lively Technical-Vocational School. Public transportation and numerous job opportunities are within walking distance. Our campus consists of a large gathering place, small group rooms, library, weight room, dorm rooms, activity center with pool table, foosball, and air hockey. Our program fee is \$130 per week.

EMPLOYMENT & TRAINING

Action Labor www.actionlabor.com Email: Tallahassee@actionlabor.com	1415 S Adams St. ~ Tallahassee, FL 32310	(850) 385-0365 1 (800)-522-6748
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Hires workers to fill positions on a daily basis that often include construction, construction clean-up, custodial services, recycling, etc. No skills required for most jobs. Skilled positions such as carpentry work available.

Must sign in by 6 am Mon – Fri in order to be eligible for that day’s labor pool. Workers paid daily at least minimum hourly wage. Two forms of I.D. are required, picture I.D. and Social Security card or birth certificate. People experiencing homelessness encouraged to apply. Wear long pants and boots (preferably steel toe work boots.) Transportation to the job is usually provided at \$3/ day. Follow them on Facebook @ [Action Labor of Tallahassee](#) for new job postings.

Bright Future Behavioral Health, Inc. www.brightfuturebh.org Email: info@brightfuturebh.org	2236 Capital Cir. NE, Suite 204, ~ Tallahassee, FL 32308	(850) 792-7795
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Provides access to affordable behavioral health services. A non-profit 501(c)(3) organization dedicated to improving access to treatment for individuals who otherwise would not receive it.

Counseling services: Offers a wide range of services for children, adolescents and adults, including tele-counseling and community-based counseling

Second Chance Employment Program: Designed to assist individuals who have a criminal background history that may be preventing them from finding employment. Includes weekly team meetings to learn and grow job skills, promote self-empowerment, and increase job readiness. All individuals in this program will also receive one-on-one job coaching to help build individual strengths and self-confidence in the workplace. Program individuals will get paid while receiving on the job training. Second Chance Employment Program offers positions in retail, warehouse and janitorial. Some transportation may be provided

Case Management: Individuals receive a comprehensive needs assessment which will then be reviewed with the client by a professional who will assist in developing a treatment plan with individualized goals and interventions. Individuals will receive linkage to community resources to assist with current needs

Parenting Skills Coaching: Clients get assistance with parenting needs from someone with professional experience and training. Assists people struggling with understanding what an IEP is or where to have their child evaluated.

CareerSource Capital Region
www.careersourcecapitalregion.com

2601 Blairstone Rd., Building C, Suite 200
~ Tallahassee, FL 32301

(850) 922-0023

Provides comprehensive employment and workforce services. If an individual is unemployed, underemployed, considering a career change or seeking training, CareerSource offers the following services:

- Ready to Work Certification
- Employment and career resources, job listings & job referrals, qualified participants matched with job opportunities
- Computers, fax, telephone and copy service
- Testing and assessment
- Employment search skills & resumé preparation assistance
- Assistance in filing for unemployment compensation
- Education and training programs
- Welfare Transition: case management, employment classes, job training, placement
- Financial assistance for employment-related transportation and childcare
- Workforce Innovation and Opportunity Act (WIOA) Program provides training scholarships and assistance
- Assistance with benefits, including reemployment, food and cash, and professional clothing

Dynamic Futures is an employment assistance program for youth ages 16-24 – applicants walk-in and register then meet with employment specialists who assist in job preparation and job placement.

CareerSource provides information and workshops on the **Federal Bonding Program**. The Federal Bonding Program provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants who are qualified but fail to get jobs because regular commercial bonding is denied. Federal bonding:

- offers insurance to protect employers against employee dishonesty.
- covers any type of stealing: theft, forgery, larceny, and embezzlement.
- is an incentive to the employer to hire an at-risk job applicant.

Hours: Mon – Fri 8:30 am – 4:30 pm (Child friendly hours: Mon – Thurs 3 pm – 4:30 pm)

City of Tallahassee Human Resources /
Applicant Services
www.talgov.com/employment

300 S. Adams St. City Hall,
Box A-14 ~ Tallahassee, FL 32301

(850) 891-8214

Posts job openings with City of Tallahassee and screens eligibility of applicants for positions. Individuals may view job vacancies on-line. Applications must be submitted on-line; computers available at City Hall if needed.

Department of Economic Opportunity, Florida
Reemployment Assistance
www.floridajobs.org

833-352-7759

Reemployment Assistance (also called reemployment assistance insurance) provides temporary wage replacement benefits to qualified individuals who are out of work through no fault of their own.

Panhandle Library Access Network Reemployment Assistance Tutorials and Guides can be found at www.tinyurl.com/employFL

**Division of Vocational
Rehabilitation, DOE, Area 1**
www.rehabworks.org

**3900 Commonwealth Blvd, 3rd floor
~ Tallahassee, FL 32399**

(850) 245-3440

VR is a federal-state program that helps people who have physical or mental disabilities get or keep a job and to find meaningful careers. VR's mission is to help people with disabilities find and maintain employment and enhance their independence. VR's vision is to become the first place people with disabilities turn to when seeking employment and a top resource for employers in need of qualified employees. Vocational Rehabilitation Services include:

- Vocational Evaluation and Planning
- Career Counseling and Guidance
- Job Coaching
- Job Placement
- On-the-Job Training
- Training and Education After High School
- Job Site Assessment and Accommodations
- Supported and Customized Employment
- Assistive Technology and Devices
- Medical and Psychological Assessment
- Time-limited Medical and/or Psychological Treatment

In addition to the general customer employment program, VR has additional specific programs designed to help eligible people with disabilities become employed.

Employ Florida

Help desk 1 (800) 438-4128

www.employflorida.com

Email: customerinfocenter@deo.myflorida.com

The Employ Florida Marketplace website is an online resource for job listings, education and training opportunities, resumé and career building assistance and veterans' services. In addition, the **Employ Florida Marketplace - Green Jobs Edition** has been created to help Florida jobseekers find green jobs, explore career options in green occupations by reviewing labor market information, including typical wages, education requirements, experience requirements, required certifications and licenses, and training / education providers. Jobseekers can link to the Employ Florida Marketplace to create a resumé and/or apply to jobs online.

**FAMU Human Resources, 211
Foote-Hilyer Admin. Center**
www.famu.edu
Email: hrfo@famu.edu

**1700 S. Adams St.
~ Tallahassee, FL 32307**

(850) 599-3611

FAMU job applications and vacancy listings can be accessed through their website at <https://www.famu.edu/administration/division-of-finance-and-administration/human-resources/classification-compensation-employment.php>. Applications must be submitted electronically.

Florida Governor's Council on
Indian Affairs, Inc.

1111 E. Tennessee St. Suite 100
~ Tallahassee, FL 32301

1 (800) 322-9186
(850) 488-0730

www.fgcia.org
Email: info@fgcia.org

Lists employment opportunities and apprenticeship programs for Florida residents, including:

- Apprenticeship Programs Openings
- How to Search for Apprenticeship Programs
- Jacksonville Plumbers & Pipefitters Joint Apprenticeship & Training Trust
- Gainesville Electrical Joint Apprenticeship & Training Committee
- Florida Electrical Association Tri County Apprenticeship
- Jacksonville Electrical JATC

For eligibility and documentation requirements, visit: https://fgcia.org/images/user_uploads/eligibility-new-address.pdf

FSU Career Center
www.career.fsu.edu

100 S. Woodward Ave.
~ Tallahassee, FL 32306

(850) 644-6431

Helps individuals meet career planning and job-hunting needs, assisting in career decision-making, exploring information on occupations, majors, and future education. Assists with career counseling, job interview preparation and resumé writing. **Open to the community, not just FSU students.**

FSU Human Resources Dept.
www.jobs.fsu.edu
Email: hr@fsu.edu

282 Champions Way
6200 University Ctr., Building A
~ Tallahassee, FL 32306

(850) 644-6034

FSU job applications and vacancy listings can be accessed through the website at www.jobs.fsu.edu. Applications must be submitted electronically. Computers available in the office for use by applicants.

Goodwill Industries - Big Bend
Ignite 2.0 Reentry
www.goodwillbigbend.org/ignite/
Email: slearn@goodwillbigbend.com

300 Mabry St.
~ Tallahassee, FL 32304

Call or text: (850) 491-4460
or (850) 491-4230

Provides people with criminal backgrounds resources and opportunities to gain the advantage and work in high-demand, high-wage jobs without waiting to get a college degree. The Ignite 2.0 Reentry Program is **free** and assists individuals with employment by providing resources needed to acquire and maintain jobs. Resources include GED prep and completion, and college prep skills for success in workforce development programs. Additional evaluation, assessment, and development of other life skills such as financial literacy, life, and career goal setting are part of the road map for participants' success in re-entry.

Eligibility requirements:

- 18–24-year-olds with justice system involvement.
- Must reside in Leon County
- Eligible to work in the U.S.

Participants can be on probation or house arrest and may complete some programming online if on house arrest or have challenges with transportation. Those convicted of sex crimes or violent crimes against members of vulnerable populations (elders, children, individuals with disabilities, etc.) are not eligible.

HireQuest, Inc
<https://hirequest.com/>
Email: info@hirequestllc.com

1825 S. Adams St.
~ Tallahassee, FL 32301

(850) 222-2030

Hires workers to fill positions on a daily basis if jobs are available. Work may include yard work, construction clean-up, custodial services, recycling, etc. No skills required for most jobs, but skilled work may be available.

Must sign in by 6 am to participate in that day's labor pool. Workers paid daily at least minimum wage. Two forms of I.D. are required, preferably picture I.D. and Social Security card. If needed, transportation to and from job costs \$1.50 each way.

Job Corps, U.S. Dept. of Labor Florida

(800)733-5627

www.jobcorps.gov

Job Corps is the nation's largest and most comprehensive residential education and job training program for youth, ages 16 through 24. Job Corps combines classroom, practical, and work-based learning experiences to prepare youth for stable, long-term, high-paying jobs. Each trainee works with staff to develop an individualized Personal Career Development Plan (PCDP) to stay on track for success. Students receive hands-on training in more than 100 career areas in fields such as construction, finance and business, health care, and information technology. Programs are self-paced. Lengths of stay vary; may remain enrolled for up to two years. Florida locations in Jacksonville, St. Petersburg, and Miami. Programs provide:

- nutritious meals, furnished room with roommates
- clothing for career training
- a living allowance, basic medical care, childcare allotment
- driver education
- recreational activities, books and supplies, student organizations
- transition allotment upon graduation.

To apply, call (800)733-5627 or fill out the online form at <https://www.jobcorps.gov/recruiting/enrollment-interest>.

Labor Finders
www.laborfinders.com

520 W. Brevard St.
~ Tallahassee, FL 32301

(850) 222-7378

With new jobs listed every day, we have connections with companies who are hiring all over the country. Whether you're looking for a flexible job that works around your life, or a stable and permanent opportunity, Labor Finders can help you find the perfect fit. Individuals can view and apply for available jobs on the website.

Day labor positions are filled on a daily basis that often include yard work, construction clean-up, apartment maintenance, etc. Some skills may be required. Workers must sign in between 6 am-10 am to be eligible for that day's labor pool; must bring picture I.D. and Social Security card to sign up. Workers are paid daily according to the job requirements from minimum wage per hour and up. Labor Finders attempts to pair people who need transportation with workers who are driving (must contribute gas money); own transportation is encouraged. Homeless persons encouraged to apply.

**Leon County Board of County
Commissioners Job Line**

**315 S. Calhoun St., Suite 210
~ Tallahassee, FL 32301**

**Recorded message (850) 606-
2403
(850) 606-2400**

www.leoncountyfl.gov

Email:

LCHR_Recruitment@leoncountyfl.gov

Maintains listings of job openings for all Leon County departments. Job line has 24-hour recorded message listing current openings. Learn more about positions and apply online at <https://cms.leoncountyfl.gov/Home/Departments/Human-Resources/Jobs-Opportunities>.

Manpower

(850) 386-8150

www.manpower.com

Set up an account on-line on www.manpower.com. Post resumé and indicate skills. Manpower will contact the job seeker by phone or email to follow up.

Opportunity Services

**267 John Knox Road Suite 209
~ Tallahassee, FL 32303**

(850) 386-2100

www.oppserv.org

Opportunity Services is where adults with disabilities learn to take pride in a job well done, and where neighborhood businesses and Fortune 500 companies find their most dedicated employees. We celebrate each individual's unique abilities and interests, matching him or her with meaningful jobs and activities in the community independently or as part of a supervised work team. Services include:

- **Career Planning**
- **Benefits Counseling Supports**
- **Youth Transition Services**
- **On the Job Training (OJT)**
- **Employment Services (ES)**
- **Supported Employment (SE)**
- **Long Term Supports**

People First, State of Florida

(877) 562-7287

www.jobs.myflorida.com

Job applicants can search and apply for state positions, post resúés, and maintain applications. Applicants do not have to be state employees to access information.

Hours: Mon – Fri, 8 am – 6 pm

People Ready Tallahassee

**2525 S. Monroe St., Suite 54
~ Tallahassee, FL 32301**

(850) 222-4889

<https://www.peopleready.com/>

Email: 2333-br@peopleready.com

Connects people with temporary and on-call work in a variety of jobs at all skill levels. Apply on-line or in person.

Hours: Mon – Fri, 5:30 am – 6 pm and Sat, 6 am – 9 am

Prosperity Center, Goodwill Industries of the Big Bend, Inc.
www.goodwillbigbend.org

300 Mabry St.
~ Tallahassee, FL 32304

(850) 608-0557, press 3

Goodwill Industries of the Big Bend, Inc. provides job training, education, and employment to people with disabilities and other barriers to employment, including people with criminal backgrounds. Employment and education services Include:

- Interest and aptitude assessments
- Employability and soft skills training
- GED® preparation and career skills training
- Office skills and computer training
- Resumé and interview preparation
- Work experience opportunities
- Job search, job placement, hiring services
- Job retention follow-up and support

REfire
Big Bend Homeless Coalition
www.refireculinary.org
Email: rkelly-manders@bigbendhc.org

2729 W Pensacola St.
~ Tallahassee, FL 32304

(850) 792-9441

REfire is a culinary training program for people with felony convictions, providing basic skills training, job experience and job placement support. The curriculum is developed by professional chefs and culinary educators and prepares graduates for work in Tallahassee’s retail food sector then assists with job placement. Apply online at www.refireculinary.org.

TEMPO Program,
City of Tallahassee
www.talgov.com/neighborhoodservices/tempo

2525 S Monroe St #7
~ Tallahassee, FL 32301

(850) 891-8722

A City of Tallahassee community engagement and public safety youth program to facilitate education, workforce training and vocational experience. Provides a path for Disconnected Youth to essential services; enabling vocational education opportunities; connecting youth to workforce training through short-term apprenticeships with local organizations; and enabling the benefit of workforce training through job placement. Provides bi-weekly life coaching and mentoring to youth 16-24 years old, not in school, or employed and who would like to work toward education and employment opportunities. Apply online or call for more information.

Work Opportunity Tax Credit (WOTC)
Department of Economic Opportunity

107 E. Madison St., Caldwell Bldg.
~ Tallahassee, FL 32399

(850) 921-3299

<https://www.floridajobs.org/business-growth-and-partnerships/for-employers/find-tax-credit-and-incentive-programs/work-opportunity-tax-credit-program>

Email: wotc@deo.myflorida.com

Provides information on the Work Opportunity Tax Credit (WOTC), which is a federal tax credit to provide an incentive to employers who hire people with felonies, TANF recipients, veterans, SNAP Food Stamp recipients, SSI recipients, long-term unemployed, and vocational rehabilitation referrals.

FAMU Small Business Development Center (SBDC) **625 E. Tennessee St., Suite 200** **(850) 599-3407**
www.sbdcfamu.org ~ Tallahassee, FL 32308
Email: sbdcfamu@gmail.com

Assists clients interested in starting a new business. Helps clients to explore and evaluate business and personal goals, then build a comprehensive and thoughtful business plan that will assist in achieving these goals. Workshops cover: why go into business, how to start a business, how to get an Employer I.D. number, how to develop a business plan. Provides support services for existing business owners who want to grow their business, access capital, do e-business, etc.

FSU ~ Florida State University **A2500 University Center** **(850) 644-6200**
www.admissions.fsu.edu/ **282 Champions Way**
Undergraduate - admissions@fsu.edu ~ Tallahassee, FL 32306-2400
Graduate - graduateadmissions@fsu.edu

Offers a wide variety of undergraduate and graduate degree programs. The admissions office counsels potential applicants regarding the requirements for admission, courses offered, and financial aid options. The University has a variety of services available to accommodate students.

The **TCC2FSU** Program is a joint program between Florida State University and Tallahassee Community College. This program is specifically for students who wish to earn an Associate in Arts degree at TCC and then transfer to FSU to complete a four-year degree. TCC2FSU students benefit from individualized advising provided by TCC and FSU advisors. Right from the start, students are given an academic plan to stay on track to achieve an Associate in Arts degree and admission to FSU for a bachelor's degree. The TCC2FSU Program is also highly affordable as students pay TCC tuition rates while earning an A.A. degree. Students can also apply for special TCC2FSU scholarships. Learn more about TCC2FSU benefits and details at www.tcc.fl.edu/tcc2fsu or call **(850)-201-4444**

GED® Transcripts
www.gedtestingservice.com

- Request a transcript by logging in or registering to create a new account.
- Click on “For Test-takers” and “Request Your Transcript.” Cost of a GED® transcript is **\$15.00**.
- Students requesting diplomas who earned their GED® credential before 2014 should enter their location in the drop-down to create an account and then request their transcript. Those who earned their GED® credential in 2014 or later should log in to the GED® Testing Service website to request their transcript.

Leon County Public Libraries
<https://cms.leoncountyfl.gov/Library>

Provides Career and Job Search services, Small Business Center, children’s and teen programs, free internet access, printing services, free Wi-Fi and free public computer use at all libraries.

- LeRoy Collins Leon County Public Library -- 200 W. Park Ave. ~ Tallahassee, FL 32301 (850) 606-2665**
- Dr. B.L. Perry Branch -- 2817 S. Adams St. ~ Tallahassee, FL 32301 (850) 606-2950**
- Eastside Branch -- 1583 Pedrick Rd. ~ Tallahassee, FL 32317 (850) 606-2750**
- Fort Braden Branch -- 16327 Blountstown Hwy. ~ Tallahassee, FL 32310 (850) 606-2900**
- Lake Jackson Branch – 3840 N. Monroe St. # 300 ~ Tallahassee, FL 32303 (850) 606-2850**
- Northeast Branch -- 5513 Thomasville Rd. ~ Tallahassee, FL Florida 32312 (850) 606-2800**
- Woodville Branch -- 8000 Old Woodville Rd. ~ Tallahassee, FL Florida 32305 (850) 606-2925**

Library of Things: borrow household tools, gardening tools, outdoor games, musical instruments, photo scanner, GoPro camera, and more. <https://leoncountyfl.libcal.com/equipment>

Adult Education Programs and English as a Second Language (ESL) (850) 606-2644
LeRoy Collins Leon County Main Public Library
Email: literacy@leoncountyfl.gov

Helps students to:

- Improve math, reading, writing, and conversation skills
- Obtain diploma/GED
- Improve scores on PERT, TOEFL, TABE, and other exams
- Pass the U.S. Citizenship exam
- Improve English language skills

Connects students with a volunteer tutor or tutor-guided group that fits their schedule. Instructional services and materials are provided **free of charge**. Virtual and in-person sessions available.

Literacy Volunteers of Leon County 1700 North Monroe St. (850) 888-0305
Email: Literacyleon@gmail.com ~Tallahassee, FL 32303

Provides free and confidential tutoring on an individual basis to anyone age 16 and older wishing to learn how to read and write, get math help, study for the GED®, or learn English for Speakers of Other Languages (ESOL.) Volunteer tutors meet with interested students for an average of 1-1.5 hrs. per week.

Currently, Literacy Volunteers of Leon County is available to provide virtual tutoring during phase 2 of reopening in Leon County.

Lively Technical Center 500 N. Appleyard Dr. (850) 487-7555
<https://www.livelytech.com/> ~ Tallahassee, FL 32304

Provides technical education and certification. Student Services assists in exploring career options and assists applicants with financial aid applications. Lecture classes, computer-assisted, audio-visual, hands-on learning opportunities, internships, externships, cooperative education / on-the-job training, and apprenticeship training are available. Daytime and evening courses are offered. **Hours: Mon – Fri 7:30 am – 4 pm**

North Florida Safety Council, Inc. **2002 Old St. Augustine Rd., Bldg. E,** **(850) 877-5193**
www.nflasafety.com **Suite E42 ~ Tallahassee, FL 32301**

Driver's education services, including training courses for drivers charged with DUI; courses for habitual traffic offenders, driver improvement training. Industrial, CPR / First Aid and driver improvement training.

Hours: Mon – Fri 8 am – 5 pm

Prosperity Center, **300 Mabry St.** **(850) 608-0557**
Goodwill Industries of the Big Bend, Inc. **~ Tallahassee, FL 32304**
www.goodwillbigbend.org

Goodwill Industries of the Big Bend, Inc. provides job training, education, and employment to people with disabilities and other barriers to employment, including people with criminal backgrounds.

Employment and education services include:

- Interest and aptitude assessments
- Employability and soft skills training
- GED® preparation and career skills training
- Office skills and computer training
- Resumé and interview preparation
- Work experience opportunities
- Job search, job placement, hiring services
- Job retention follow-up and support

TCC ~ Tallahassee Community College **444 Appleyard Dr.** **(850) 201-6200**
www.tcc.fl.edu **~ Tallahassee, FL 32304**

Offers Quick Job Training for in-demand occupations, as well as two-year Associate of Sciences and Associate of Arts transfer degree programs. Fully accessible library, Learning Commons labs, and computer labs. Sports teams, dental hygiene clinic, an advising center and career exploration center.

Most people with criminal histories are eligible for financial aid. Admissions counselors and financial aid officers assist students with the application process.

The **TCC2FSU** Program is a joint program between Florida State University and Tallahassee Community College. This program is specifically for students who wish to earn an Associate in Arts degree at TCC and then transfer to FSU to complete a four-year degree. TCC2FSU students benefit from individualized advising provided by TCC and FSU advisors. Right from the start, students are given an academic plan to stay on track to achieve an Associate in Arts degree and admission to FSU for a bachelor's degree.

The TCC2FSU Program is also highly affordable as students pay TCC tuition rates while earning an A.A. degree. Students can also apply for special TCC2FSU scholarships. Learn more about TCC2FSU benefits and details at www.tcc.fl.edu/tcc2fsu

TCC Adult Education (ABE, GED, ESOL) **444 Appleyard Dr. Bldg. #38** **(850) 201-8760**
Center for Workforce Development **~ Tallahassee, FL 32304**
www.tcc.fl.edu

Offers Adult Basic Education, Adult ESOL (English for Speakers of Other Languages) and GED® preparation classes. Options include classroom instruction and on-line instruction. Tuition is \$30 per semester. TABE test is required for ABE/GED® classes and costs an additional \$25 (unless the student can provide TABE scores taken within the year.) Scholarships may be available.

TCC Adult Education (ABE, GED, ESOL) **444 Appleyard Dr. Bldg. #38** **(850) 201-8760**
Center for Workforce Development ~ Tallahassee, FL 32304
www.tcc.fl.edu
Email workforce@tcc.fl.edu

TCC's Division of Workforce Development was developed to meet the needs of in-demand training and on-demand solutions that serve our community. Offers short vocational non-credit courses in various trades. Some courses may not require prerequisites or test scores. No financial aid Offered.

Service Centers:

Advanced Manufacturing Training Center -- 3958 W. Pensacola St. ~ Tallahassee,FL 32304 **(850) 201-9720**

Transportation and Logistics Center of Excellence -- 320 Appleyard Dr. ~ Tallahassee, FL 32304 **(850) 558-3550**

Gadsden Center -- 223 Pat Thomas Parkway ~ Quincy, FL 32351 **(850) 558-3620**

Wakulla Center -- 2932 Crawfordville Highway ~ Crawfordville, FL 32327 **(850) 558-3525**

TEMPO Program, **2525 S Monroe St #7** **(850) 891-8722**
City of Tallahassee ~ Tallahassee, FL 32301
www.talgov.com/neighborhoodservices/tempo

A City of Tallahassee community engagement and public safety youth program to facilitate education, workforce training and vocational experience. Provides a path for Disconnected Youth to essential services; enabling vocational education opportunities; connecting youth to workforce training through short-term apprenticeships with local organizations; and enabling the benefit of workforce training through job placement. Provides bi-weekly life coaching and mentoring to youth 16-24 years old, not in school, or employed and who would like to work toward education and employment opportunities. Apply online or call for more information

TRIO Educational Opportunity Center, **640 Gamble St., Suite 2** **(850) 412-7283**
at Florida A&M University ~ Tallahassee, FL 32307
www.famu.edu/trio
Email: eoc@famu.edu

The Educational Opportunity Center is a federally-funded TRIO program that provides support for adult learners that would like to attend or return to college. We also provide assistance to veterans and/o their spouses and dependents. **There is no charge for program services.** Aids first-generation, disabled, or lower-income students with and throughout their collegiate careers. Through their provision of resources (labs, tutors, courses, counseling, etc.), TRIO programs seek to ease a student's transition into collegiate life, and aid in increasing retention among the students served by the program. Can also assist individuals in earning a high school diploma or GED. Workshops offered to assist with college and scholarship applications, academic preparation, career development, and college/university transfer.

HEALTH CARE

AIDS Drugs Assistance Program (ADAP)
Email: DiseaseControl@flhealth.gov

HIV/AIDS Section
4052 Bald Cypress Way
~ Tallahassee, FL 32399

(850) 245-4422
ADAP Help Desk Staff at:
(844) 381-2327

www.floridahealth.gov/diseases-and-conditions/aids/adap/#:~:text=The%20AIDS%20Drug%20Assistance%20Program,includes%20coverage%20for%20HIV%20medications

The AIDS Drug Assistance Program (ADAP) is a statewide, federally funded prescription medication program for low-income people living with HIV. This program provides access to medications to eligible uninsured clients or by purchase of health insurance that includes coverage for HIV medications.

To enroll, you must be determined eligible to receive HIV Patient Care services through the Patient Care eligibility screening process.

- Visit our ADAP Enrollment page: <https://www.floridahealth.gov/diseases-and-conditions/aids/adap/adap-enrollment.html>
- Call the Leon County health department and speak with an ADAP staff member at: **(850) 404-6240**

Big Bend Cares, Inc.
www.bigbendcares.org
Email: general@bigbendcares.org

2201 S. Monroe St. ~ Tallahassee,
FL 32301

(850) 656-2437

Provides free confidential and rapid HIV testing as well as HIV Case Management in Gadsden, Jefferson, Leon, Liberty, Madison, Franklin, Taylor, and Wakulla counties. Offers support groups and courses for HIV+ persons as well as HIV prevention and education.

Bond Community Health Center, Inc.
www.bondchc.com

1720 S. Gadsden St.
~ Tallahassee, FL 32301

(850) 576-4073

Provides primary healthcare services including pregnancy tests, prenatal care, pediatrics, immunizations, family planning, physical exams, adult and adolescent medicine, mental health evaluations and counseling, psychiatric medications, and substance abuse counseling, adult and children's dental clinic, pharmacy. Comprehensive health care services, confidential and rapid HIV testing and case management. Offers assistance applying for Medicaid and filling out other social service forms.

Provides nutrition, chiropractic, podiatry, ophthalmology, diabetes, and adult medicine services. Assists with enrollment for Affordable Care Act by walk-in or appointment. Provides services to uninsured, underinsured and insured adults based on verification of income. All patients are seen by scheduled appointments and for acute needs. Walk-ins are accepted based on availability.

Hours: Monday - Thursday: 8 AM to 6 PM; Friday: 8 AM to 1 PM; 1st Saturday of the Month: 9 AM to 2 PM

Care Point Health and Wellness
www.carepointwellness.com

2200 S. Monroe St. ~ Tallahassee, FL
32301

(850) 354-8765

Offers Adult Primary Care, Dentistry, Infectious Disease and Travel, Laboratory, Mental Health, Radiology, and Health and Wellness Screenings. Also provides HIV/AIDS testing, services, and case management. Offers education and classes on high blood pressure, nutrition, weight-loss, preventative care, and diabetes. Accepts all major insurance plans and provides services to people who do not have health insurance.

Hours: Mon – Fri 8 am – 5 pm

Community Health Insurance Program (CHIP)
Pride Life, LLC
www.chiprogram.com
Email: info@chiprogram.com

(786) 706-1146
English/Spanish

Provides health education to communities, individuals, and families, empowering consumers to make informed decisions about their health insurance. We offer our expertise during the health plan selection process guiding individuals in choosing the best available health insurance plan.

Serving the underserved:

- Part-time workers
- Individuals considering COBRA
- Individuals age 26 transitioning off of a parent's plan
- Justice involved individuals
- Working seniors
- Individuals who are not offered health insurance through their employer
- SSDI/People with disabilities

Florida KidCare
www.healthykids.org

1 (888) 540-5437
TTY 1 (800) 955-8771

Offers affordable, low-cost health and dental insurance for eligible, uninsured children birth through age 19. Some covered services offered by Florida KidCare are doctor visits, check-ups, shots, hospital, surgery, dental, prescriptions, vision, hearing and mental health. Email messages and on-line accounts available.

Hours: Mon – Fri 7:30 am – 7:30 pm

Florida HIV/AIDS Hotline
www.floridahiv aids.org

(800) FLA-AIDS or (800) 352-2437 --English
(800) 545-SIDA or (800) 545-7432 --Spanish
(800) AIDS-101 or (800) 243-7101 – Haitian Creole
(888) 503-7118 (TTY Hotline) / Text "flhiv" to 898211

The Florida HIV/AIDS Hotline is the state-wide resource for HIV/AIDS-related information, community referrals and supportive telephone counseling. Callers receive information on HIV and AIDS related issues including locations of testing sites and program services in Florida. Callers can web chat or text with a counselor at www.FloridaHIVAIDS.org. Inquiries will be researched, and a response will be sent within two business days. For additional HIV/AIDS information and resources visit www.thebody.com.

Health Insurance Marketplace
www.healthcare.gov
<http://www.coveringflorida.org>

(877) 813-9115
1 (800) 318-2596
TTY: 1 (855) 889-4325

The Health Insurance Marketplace is a resource where individuals and families can compare health insurance plans for coverage and affordability and determine eligibility for Medicaid or the Children's Health Insurance Program (CHIP). Even if the enrollment deadline has passed, applicants may enroll or change plans if they have certain life changes or qualify for Medicaid or CHIP.

Leon County Health Dept. – Clinical Services
www.leon.floridahealth.gov
Email: LeonCHD.Feed-back@flhealth.gov

1515 Old Bainbridge Rd.
~ Tallahassee, FL 32303

(850) 404-6403

In addition to family planning, pregnancy testing and STD screening, many other services are provided in clinics. Immunizations are free for children under the Vaccine for Children's Program. Adult immunizations are available, at varying prices based on type. Other services have costs based on income, on a sliding scale. Clients must undergo a financial eligibility interview, before obtaining services.

Call for appointments: Mon – Fri 8 am – 5 pm

Services include:

- Family Planning
- Birth Control and Pregnancy Testing
- STD Tests and Screenings
- Immunizations for Children and Adults
- Breast and Cervical Cancer Screening
- Insulin Program and Sharps Container Program
- Nursing Assessment for Communicable Diseases
- TB Skin Testing and Tuberculosis Preventive Therapy

Neighborhood Medical Center
www.neighborhoodmedicalcenter.org

Lincoln Center, 438 W. Brevard St. ~ Tallahassee, FL 32301
224-2469

(850)

Smith-Williams Center, 2295 Pasco St. ~ Tallahassee, FL 32310
224-2409

(850)

Richardson-Lewis Center, 872 W. Orange Ave. ~ Tallahassee, FL 32310
300-7262

(850)

Provides primary care including physical exams, adult immunizations, eye care, dermatology, orthopedics, women's health, pediatrics, follow-up from emergency room referrals, chronic disease management, HIV and STD testing, on-site pharmacy, psychiatric assessments, individual and group counseling, substance abuse counseling and mental health care management. Services to low-income, homeless, uninsured, and underinsured adults based on verification of income.

Planned Parenthood of North Florida
www.plannedparenthood.org

2618 W. Tennessee St.
~ Tallahassee, FL 32303

(850) 574-7455

Provides the following services:

- Abortion
- Birth Control
- HIV Services
- Men's Health Care
- Mental Health
- Morning-After Pill (Emergency Contraception)
- Pregnancy Testing & Services
- STD Testing, Treatment & Vaccines
- Transgender Hormone Therapy

You can privately and easily book your appointment online at www.plannedparenthood.org for select services 24/7. For the full set of services, you can call **850-574-7455** to book your appointment. Health center staff can also answer any questions you may have. Accepts many insurance providers. If you're worried about cost, talk to us about how you can get health care that fits your budget.

Tallahassee VA Healthcare Center

2181 E. Orange Ave. ~ Tallahassee, FL 32311

www.northflorida.va.gov/locations/Tallahassee.asp

Main phone: 850-878-0191
VA health connect: 877-741-3400
Mental health clinic: 850-513-7058
1 (800) 698-2411
Veteran's Crisis Line 1 (800) 273-8255

Provides a broad range of general and specialized medical, dental, surgical, psychiatric, nursing and ancillary services. This clinic serves acute and chronically ill eligible Veterans. Veterans requiring hospitalization are assessed, stabilized and transferred to either local facilities or to the Malcom Randall VA Medical Center (Gainesville) depending on their needs.

Before making an appointment, veterans must be enrolled in VA health care **and** be registered as a patient at VA North Florida/South Georgia health care, both of which can be done through the website

<https://www.va.gov/north-florida-health-care/make-an-appointment>

Tallahassee Memorial Healthcare

(850) 431-1155

www.tmh.org/health-and-wellness/events

Offering wellness classes & events, including pre-and postnatal classes, parenting classes, babysitter training, infant and child CPR, Little Ones Music Play, and joint replacement classes, among others. Our services are available at sites all across Tallahassee, so you can easily find a location that suits your needs.

The Transition Center

3333 Capital Oaks Blvd.

(850) 431-4470

www.tmh.org/services/transition-center

~ Tallahassee, FL 32303

Provides follow-up care to certain patients after they leave Tallahassee Memorial Hospital: those who cannot see a physician as quickly as needed, patients who do not have a physician, and patients who do not have insurance. Assists with-connecting patients with primary care physicians.

DENTAL CARE

Bond Community Health Center, Inc. - Dentistry
www.bondchc.com

1720 S. Gadsden St.
~ Tallahassee, FL 32301

(850) 521-5121

Provides comprehensive dental care for children through adults, including exams, cleanings, x-rays, and fillings. Also provides dental care for expectant mothers and diabetic patients of the clinic, which includes nutritional counseling and hygiene services. Urgent care dental services including palliative care for the relief of pain and extractions. Call for hours, for an estimate of costs, and to schedule an appointment.

Care Point Health and Wellness
www.carepointwellness.com

2200 S. Monroe St.
~ Tallahassee, FL 32301

(850) 354-8765

Provides general preventative dentistry to larger restorative procedures, comprehensive examinations (such as oral cancer exams) and treatment planning, restorations like fillings and crowns, extractions, and complete and partial dentures (prosthodontic appliances). Accepts all major insurance plans and provides services to people who do not have health insurance.

Hours: Mon - Fri 8 am - 5 pm

CESC Dental Office at the Kearney Center
<http://cesctlh.org/health-services/>
Email: dental@CESctlh.org

2650 Municipal Way
~ Tallahassee, FL 32304

(850) 329-2215

Provides long-term, continuous dental care free of charge with priority going to residents of The Kearney Center, The Dwellings, and Westgate, as well as other eligible Leon County residents (must be over 18, have no insurance or Medicaid, and fall below the 200% federal poverty guidelines before deductions.) Patients with Medicaid must first try to access Medicaid's dental care.

Services include: all oral hygiene services, X-rays, oral cancer screenings, extractions, fillings.

**FL DOH Leon Molar Express, Center for
Dental Care and Prevention**
<https://leon.floridahealth.gov/index.html>

912 Railroad Ave.
~ Tallahassee, FL 32310

(850) 404-6450

Pediatric and prenatal dental clinic for Medicaid recipients. Treats children from birth to age 20, and pregnant women enrolled in the Healthy Start program (with a letter from their Ob-Gyn physician). Services include: emergency care, exams, x-rays, preventative dental education, cleanings, fluoride treatments, sealants, fillings, and extractions. Walk-in or call for an appointment. **Children under 18 must be accompanied by a legal parent/guardian or other adult if a parental consent form is on file.**

Hours: Mon – Fri 8 am – 5 pm, except holidays

Neighborhood Dental Center

Richardson-Lewis Center
**872 W. Orange Ave. ~ Tallahassee, FL
32310**

(850) 577-0435

<https://neighborhoodmedicalcenter.org/dental-care/>

Provides dental care for children and adults at select locations. Services to low-income, homeless, uninsured and underinsured individuals based on verification of income. Services include: regular cleaning / evaluation, treatment for tooth pain, extractions, treatment for Infections.

TCC Dental Hygiene Clinic
Tallahassee Community College

444 Appleyard Dr., DH Bldg # 6
~ Tallahassee, FL 32304

(850) 201-8247

<https://www.tcc.fl.edu/academics/academic-divisions/healthcare-professions/dental-hygiene-clinic/>

Email: healthedu@tcc.fl.edu

The dental hygiene clinic is a training facility for students in the Dental Hygiene Program. Appointment length is approximately 3-4 hours. Pre-screening required for initial visit. Primary services include cleaning and x-rays; also offers scaling and polishing, periodontal therapy, fluoride treatment, oral cancer screening, and nutritional counseling. Fees \$0 - \$15. **Call for an appointment.** 24-hour notice of cancellation is required.

COUNSELING & MENTAL HEALTH

Apalachee Center
www.apalacheecenter.org

2634 Capital Circle N.E.
 ~ Tallahassee, FL 32308

(850) 523-3333 ext 8308
MRT 24/7 helpline (800) 342-0774

Provides a full range of care for families and individuals seeking help and recovery from psychiatric and addiction crises. Services range from acute inpatient psychiatric evaluation and treatment, through residential and intensive home-based services, all the way to outpatient psychotherapy and medication management. Apalachee Center's Central Receiving Facility provides assessment and referral services 24 hours a day for mental health and substance abuse related crises.

- **Inpatient services** include Eastside Psychiatric Hospital, PATH Crisis Stabilization unit, short-term residential program and a Detox unit.
- **Residential services** provides various levels of long- and short-term supportive housing options
- **Outpatient services** include psychiatric evaluations, medication management, individual therapy, care management, and psychosocial rehabilitation. **No one will be denied access to services due to inability to pay, and there is a discounted/sliding fee schedule available.**
- **The Mobile Response Team (MRT)** provides immediate assessment and intervention to anyone experiencing a mental health crisis. Trained counselors are available 24 hours a day to provide crisis intervention and link individuals to appropriate care providers.

Apalachee Center at Bethel

471 W. Tennessee St. ~ Tallahassee, FL
32301

(850) 523-3269

<https://apalacheecenter.org/apalachee-center-at-bethel/>

(850) 523-3333 ext. 8308

Outpatient services including case management and psychiatry services are offered through the following programs:

- **Florida Assertive Community Treatment Team (FACT)** - a comprehensive community-based treatment program designed to help adult clients who are Leon County residents and are recovering from severe and persistent mental illness
- **Homeless Project** - an outpatient treatment program providing services to individuals who are homeless, have no insurance, and have a major mental illness.

Call for information at New Patient Registration (523-3333) x 8308.

Hours: Mon - Fri 8 am - 5 pm

The Behavioral Health Center at
HCA Florida Capital Hospital

2626 Capital Medical Blvd.
 ~ Tallahassee, FL 32308

(850) 325-5757

<https://www.hcafloridahealthcare.com/locations/capital-hospital/specialties/mental-health-and-wellness>

Psychiatric inpatient unit treats adults 18 and older for a wide range of psychiatric disorders. Psychiatric services include: group and individual therapies, expressive therapy, medication management, social services and case management, family Intervention. Well-structured, therapeutic schedules help patients develop skills and strategies to manage their diagnoses. Community resources at discharge ensure patients have follow-up care when they leave. Also offers outpatient behavioral health care consisting of both a partial hospitalization program and an intensive outpatient program.

Behavioral Health Center at TMH **1616 Physicians Dr. ~ Tallahassee, FL** **(850) 431-5100**
32308

www.tmh.org/services/mental-health-substance-abuse/substance-abuse

Provides support for dealing with substance abuse and mental health disorders in adults and children and outpatient psychiatric care.

- **Inpatient Services** provides short-term inpatient care to adults, children and adolescents for depression, bipolar disorder, anxiety, schizophrenia, substance abuse and dependence, including inpatient detoxification services.
- **Co-occurring Disorders Inpatient Program** offers treatment for dual diagnosis patients with psychiatric disorders and substance abuse or addiction who meet criteria for admission.
- **Outpatient Program** provides treatment plans for patients based on their unique needs. Treatment plans may include counseling for mental health, relationships and/or substance abuse, support groups, and psychiatric medication management.

Behavior Inc. Reentry **P.O. Box 10227** **(850) 491-4713**
www.behaviorincorporated.org **~Tallahassee, FL 32302** **(850) 325-0551**
Email: behavior.freetatlast@gmail.com

Program for formerly incarcerated individuals and homeless veterans that offers counseling, housing referrals (non-violent offenders only), jobs referrals, family reunification, educational assistance, and community connections.

- Group therapy and counseling by appointment
- Works to assist and take referrals from City Walk Urban Mission and the RISE Center
- Fee after first 30 days - based on a sliding scale and is usually \$10 Copay

Bright Future Behavioral Health, Inc. **2236 Capital Cir. NE, Suite 204 ~** **(850) 792-7795**
www.brightfuturebh.org **Tallahassee, FL 32308**
Email: info@brightfuturebh.org

Provides access to affordable behavioral health services. A non-profit 501(c)(3) organization dedicated to improving access to treatment for individuals who otherwise would not receive it.

Counseling services: Offers a wide range of services for children, adolescents and adults, including tele-counseling and community based counseling

Second Chance Employment Program: Designed to assist individuals who have a criminal background history that may be preventing them from finding employment. Includes weekly team meetings to learn and grow job skills, promote self-empowerment, and increase job readiness. All individuals in this program will also receive one-on-one job coaching to help build individual strengths and self-confidence in the workplace. Program individuals will get paid while receiving on the job training. Second Chance Employment Program offers positions in retail, warehouse and janitorial. Some transportation may be provided

Case Management: Individuals receive a comprehensive needs assessment, which will then be reviewed with you by a professional and who will assist in developing a treatment plan with individualized goals and interventions. Individuals will receive linkage to community resources to assist with current needs

Parenting Skills Coaching: Get assistance with parenting needs from someone with professional experience and training. If you are struggling with understanding what an IEP is or where to have your child evaluated, we can help.

Butterfly Life Journeys
www.butterflylifejourneys.com
Email: pbmccray@gmail.com
www.facebook.com/ButterflyLifeJourneys/

1400 Village Square Blvd., Suite 3-282 (850) 590-7540
~ Tallahassee, FL 32312

Provides inspirational speaking, mentoring and training to teach success strategies in professional and personal lives. The mission of Butterfly Life Journeys is to transform the lives of people around the nation with the inspiration and insight to overcome adversity, recover from the trauma of life's challenges, and reveal the inner-strength and power of God needed to grow wings and emerge in flight toward their true purpose. Services provided include: training and speaking opportunities, individual and group coaching.

Capital City Youth Services (CCYS)
www.ccys.org

2407 Roberts Ave.
~ Tallahassee, FL 32310

24/7 Crisis Hotline: (850) 576-6000
Case Management: (850)294-6044
Drop In Center: (850)274-8689

Family Place Counseling - Confidential services are free and include:

- Family, individual, and group counseling
- Early intervention for families in crisis
- Consultation and referrals to other agencies and services
- Comprehensive assessment, treatment planning, and case management for youth and families
- Other specialized services, such as school groups

Stop Now and Plan (SNAP)

Serving ages 6 – 11 through a family-focused intervention program with a focus on youth exhibiting antisocial or aggressive behavior. Includes parent and youth workshops to teach flexibility, emotional control, and problem solving skills. Weekly meetings for 13 weeks. Contact: Greg.Farmer@CCYS.org

Someplace Else (Youth Crisis Shelter)

Serving youth ages 10 – 17 through a short-term residential program and emergency shelter; 24-hour supervision. Includes art and music therapy sessions, and counseling for youth and their families.

Going Places Outreach Program

Serving youth ages 11-24 through supportive and non-judgmental relationships. Staff connect youth with resources and services through the Drop-In Center and Street Outreach. Providing support to homeless, runaway, and at-risk youth.

Depression & Bipolar Support Alliance (DBSA)
www.dbsalliance.org

Behavioral Health Care Center 1616 Physicians Dr.
~ Tallahassee, FL 32317

(850) 570-1916
Crisis line: (800) 273-TALK (8255)
Text DBSA to 741-741

Offers free support groups every Monday from 7 – 8:30 as well as social events for individuals with a mood disorder and their friends and family members. Group offers motivation to follow treatment plans, mutual acceptance, and understanding. Call for more information and directions or walk-in to attend a support group. Use the telephone on the wall outside to gain access to meetings.

Family Connections, Children’s Home Society
www.chsfl.org/locations/big-bend-Tallahassee
Email: bigbendfamilyconnections@chsfl.org

**1801 Miccosukee
Commons Dr.
~ Tallahassee, FL
32308**

**(850) 921-0772
Tele-counseling (video
sessions) option:
(850) 747-5411**

Provides services for families traumatized by abuse or neglect. Provides counseling for children 3 – 18 years old and families struggling with symptoms of trauma such as depression, anxiety, family changes or transitions, grief, loss, and anger. Many payment options available, including Medicaid, and sliding scale (down to \$0). Complete referral form online at www.chsfl.org/services/counseling/counseling-referral-form

Family Resources, Inc.
www.famresources.com
Email: mfts@famresources.com

**1725 Capital Circle NE, Unit 205
~ Tallahassee, FL 32308**

(850) 567-1102

Offering individual and relationship counseling services for a wide range of conditions:

- Anxiety and other mood disorders
- Adjustment
- Anger Management
- LGBQ Issues
- Transgender Issues and letters
- Self-esteem and self-image problems
- Marital/couple counseling
- Family counseling
- Relationship counseling
- Premarital Counseling
- Neurofeedback

Telehealth counseling as well as video chatting through a HIPPA-compliant video chat are also available. Appointments can be scheduled by calling the office or by emailing mfts@famresources.com. Some insurance providers are accepted.

FSU Center for Couple and Family Therapy
<https://humansciences.fsu.edu/ccft/>

**Florida State University
540 W. Jefferson St.
~Tallahassee, 32301**

(850) 644-1588

Providing family and couples therapy, including help with the following:

- Relationships
- Work/School-related issues
- Couple & marital enrichment
- Premarital counseling
- Parenting & stepparenting
- Couple communication and conflict resolution
- Divorce and child custody
- Parenting classes
- Substance use and abuse struggles
- Grief and loss counseling

Open to the community. Therapists are master’s and PhD students under supervision. Insurance not accepted.

Hours: Mon - Thurs 9 am - 2 pm

Holistic Plan of Care
<https://hpocare.org>
Email: support@hpocare.org

**113 S. Monroe St.
~ Tallahassee, FL 32301**

(850) 201-7105

Provides the following services:

- Individual and group counseling
- Mentoring
- NCBA Elderly Program
- Crisis intervention
- Leon County Probation/Pretrial release
- Life skills classes
- Anger management courses
- Parenting courses
- Substance abuse courses

I'm Free Now What LLC
Michelle Fortier LCSW
www.imfreenowwhat.com
Email: MichelleFLCSW@protonmail.com

1725 Mahan Dr.
~ Tallahassee, FL 32308

(850) 306-4476

Provides mental health counseling, services and treatment with a focus on the unique mental health needs of those involved with the criminal justice system and those who have been formerly incarcerated. Certified Clinical Trauma Professional. Member of National Organization of Forensic Social Workers. Some insurance accepted and sliding scale fees available. Clients include adolescents and adults. Call or email for an appointment. YouTube sessions offering reentry advice and counsel: <https://www.youtube.com/channel/UC7b9oYLcVjVO4-QrKF8XhCQ>

Lee's Place
www.leesplace.org
Email: info@leesplace.org

216 Lake Ella Dr.
~ Tallahassee, FL 32303

(850) 841-7733

Grief, loss, and trauma therapy center provides professional mental health counseling for children and adults. Can help with various life changing events, including divorce, separation, or break-up, victims of crime, trauma, domestic violence, or abuse of any kind, abandonment, including foster care and adoption, incarceration, life transitions (moves, change in finances/job, away from home for the first time), illnesses, including long term and caregiver needs, and anticipatory grief, death, suicide, homicide. No referral needed. Sliding fee scale.

LGBT National Help Center
<https://www.lgbthotline.org/>

LGBT National Hotline: 1 (888) 843-4564
LGBT National Youth Talkline: 1 (800) 246-7743
LGBT National Senior Hotline: 1 (888) 234-7243

Serves the lesbian, gay, bisexual, transgender, queer and questioning community by providing free and confidential peer-support and local resources. All calls and online services are provided by highly trained LGBTQ volunteers. Calls are never outsourced or answered by other affiliated organizations.

LIFE Center, The
We Are All We Need (WAAWN), Village of Care
www.virtuallifecenter.com
www.weareallweneed.org
Email: contact@virtuallifecenter.com

3333 Pensacola St., Suite 140
~ Tallahassee, FL 32304

(850) 597-9901

Provides a safe space, LIFEline of support & Mental Health Needs Assessments to families & members in adverse conditions & impoverished zip codes. The LIFE Village Of Care solution provides a LIFE coach, equitable access to new or existing programs & Mental Health resources at no cost to families in promise zones!

LIFE Coaches & Experts are focused on providing trauma informed care & social emotional skills, resources & opportunities to communities, organizations & corporations. Provides coaching programs for youth, young adults and parents that are culturally relevant and competent, including:

- Professional Development Workshops
- Parent Support Groups
- Independent Living Skills Training
- Violence Interruption HRBII Coaching
- Parent 2 Parent & Peer 2 Peer Groups

Hours: Mon - Fri: 10am - 7pm, Saturday: 12pm - 5pm, Sunday: Appointment Only

National Alliance on Mental Illness, Florida
www.nami-Tallahassee.org
Email: admin@nami-Tallahassee.org

1713 Mahan Drive
Lower Level Suite B
~ Tallahassee, FL 32308

Help line (850) 841-3386

Provides peer training, advocacy, information and referrals, lending library and support groups for families and friends of mentally ill persons. See website for meeting schedules.

Neighborhood Medical Center
www.neighborhoodmedicalcenter.org

Lincoln Center, 438 W. Brevard St. ~ Tallahassee, FL 32301 (850) 224-2469
Smith-Williams Center, 2295 Pasco St. ~ Tallahassee, FL 32310 (850) 224-2409
Richardson-Lewis Center, 872 W. Orange Ave. ~ Tallahassee, FL 32310 (850) 300-7262

Provides mental health care services to uninsured and underinsured adults, including diagnosis, treatment, counseling, psychiatric evaluation, and medication management. Clients should call for an appointment if they experience symptoms of depression, anxiety, overwhelming sadness, unusual thoughts / not feeling "like yourself." For questions or concerns about medical or dental care outside of normal business hours, clients can call the after-hours line at (850) 558-0611.

New Hope Intervention
www.newhopeintervention.com
Email: John@newhopeintervention.com

1311 N. Paul Russell Rd., Suite B
~ Tallahassee, FL 32301

(850) 270-9686

The mission of New Hope Intervention is to provide safety for victims through offender education, counseling, and behavior modification. Offers Batterer's Intervention Program (BIP), Anger Management classes, Domestic Violence (DV) Parenting Education, and Anti-Theft programs. Call to set up an appointment and for information about insurance and fees.

Oasis Center for Women and Girls
www.theoasiscenter.net
Email: admin@theoasiscenter.net

317 E. Call St.
~ Tallahassee, FL 32301

(850) 222-2747

The Oasis Center's Counseling Program provides a safe, confidential and worry-free environment that meets women where they are in life. Guided by our strengths-based philosophy, counselors work with women to set their own goals and support progress toward a self-determined definition of success. Counseling is offered on a sliding-fee scale, regardless of insurance status. Schedule an intake appointment on-line at www.theoasiscenter.net.

Services also include:

- Girls Can Do Anything! summer camp engages girls in big visions of who they are and want to be while meeting women doing awesome things throughout the community. Discounts available for families in need.
- We take our girls' empowerment programming out into the community, where girls are, providing small-group support in the K-12 setting.
- Our single moms' support group meets once a week in 8-week cohorts. There is a small fee to establish commitment. Dinner and childcare are included for the 90-minute sessions.
- Barriers to women's equity, safety, health, agency, and economic mobility, are also resolved by representation. So we train women to run for office through a nonpartisan, issue-neutral curriculum and event series called Women Can Run.

Refuge House Domestic Violence and Rape Crisis Programs
www.refugehouse.com

24-hour local hotline: (850) 681-2111
Toll Free Florida Domestic Violence Hotline: 1 (800) 500-1119
Toll Free Florida Sexual Assault Hotline: 1 (888) 956-7273
TTY: 1 (800) 621-4202

Provides emergency shelter and transitional housing, counseling, support groups, and case management for adults and families at risk of domestic violence, sexual assault or prostitution. Safe shelter services for men individually arranged; individual and group counseling for women and children in shelter and in outreach offices; information and referral to other services.

Our free and confidential counseling is designed to assist survivors in restoring stability to their life in the aftermath of violence. In addition to providing individual counseling, our domestic and sexual violence counselors host groups at our offices and at several locations within the community (including extensive support to incarcerated survivors, folks in homeless shelters, etc.).

All counseling appointments are made by calling the hotline.

Tallahassee Vet Center, USVA
Readjustment Counseling Center
www.vetcenter.va.gov

2002 Old St. Augustine Rd.
Bldg. A, Suite 10 ~ Tallahassee, FL
32301

(850) 942-8810
Vet Center Call Center:
1 (877) 927-8387

Provides non-medical help focusing on readjustment counseling for veterans and their families. Individual, group, marriage and family counseling are offered in addition to referral and connection to other VA or community benefits and services. **All services are free.**

Vet Center Call Center - provides free, around the clock confidential call center where Veterans, service members and their families can talk about their military experience or any other issue they are facing in transitioning after military service or trauma and get connected to their nearest Vet Center. Our call center team is composed of combat Veterans from several eras as well as family members of Veterans.

Townsend Addiction Recovery Center
www.townsendarc.com
Email: 6565112@gmail.com

2724 Capital Circle N.E., Suite 8
~Tallahassee, FL 32308

(850) 656-5112

Provides individual counseling for substance abuse, codependency, and a variety of mental health issues. Offers relapse prevention group, individual substance abuse counseling, mental health counseling, SAP evaluations under Federal DOT, intervention counseling, drug testing, court evaluations. Does not accept Medicaid but most other insurance is accepted.

Trans Lifeline

1 (877) 565-8860

www.translifeline.org

Trans Lifeline's Hotline is a peer support service run by transgender people, for transgender and questioning callers. Operators are located all over the U.S. and Canada, and are all trans-identified. Callers can call the hotline if they are in crisis or just need someone to talk to, even if it's just about whether or not they are trans, for support and resources.

Veterans Crisis Line
www.veteranscrisisline.net

1 (800) 273-TALK or (800) 273-8255
Press 1 to be transferred to the Veterans Crisis Line

24/7 confidential crisis support for veterans and their loved ones. Provides suicide and short-term crisis counseling as well as information and referrals on multiple issues and programs related to veterans and their families. Callers also have the option of a confidential live veteran chat through the website or by text at **838255**.

DOMESTIC VIOLENCE & SEXUAL ASSAULT

AngelWingz Family Crisis and Intervention Center
www.angelwingz.org
Email: angelwingzfcic@gmail.com

P.O. Box 3914
~ Tallahassee, FL
32315

(850) 422-0040

Provides crisis intervention for victims of domestic violence and human trafficking in Tallahassee, FL and the surrounding Big Bend area. AngelWingz provides victims and their families with much needed resources designed to enable a safe escape and transition to recovery and rehabilitation. **Connie's Corner** is a transitional home providing temporary services for women in emergency crises.

Available 24 hours a day 7 days a week.

Apply online for Connie's Corner transitional home at www.angelwingz.org/services.html

Florida Council Against Sexual Violence, Inc.
www.fcasv.org
Email: information@fcasv.org

1820 E. Park Ave., Suite 100
~ Tallahassee, FL 32301

Rape Crisis Hotline:
1 (888) 956-7273
(850) 297-2000

Provides resources to the state, other sexual assault service providers and the public on all aspects of sexual violence, including rape, human trafficking, child sexual abuse, molestation, stalking and sexual harassment. Gives general educational brochures and information to the public, along with referrals to direct service providers.

Florida Dept. of Legal Affairs,
Division of Victim Services
www.myfloridalegal.com

P.O. Box 6298 ~ Tallahassee, FL
32314

(850) 414-3300
1 (800) 226-6667

Provides victims of domestic violence information about victims' services and victim's rights. Provides victims of domestic violence and stalking with a substitute mailing address for use in creation of state and local government records. Program acts as an agent to sign for all legal documents and forwards mail first class. Victims must sign up for the Address Confidentiality Program through a trained Application Assistant.

Call to schedule an appointment.

Florida Domestic Violence Hotline
www.myflfamilies.com/service-programs/domestic-violence

1 (800) 500-1119
Florida Relay 711
TDD Hotline: 1-800-621-4202

Advocates are available by phone 24 hours a day in English, Spanish and Creole. Information about local service providers may be found on the DCF webpage: Florida Certified Domestic Violence Centers. Information regarding domestic violence and the programs available in Florida are also available on the DCF website:

<https://www.myflfamilies.com/service-programs/domestic-violence/>.

FLS Domestic Violence Legal Hotline
www.myfloridalegal.com

1 (800) 500-1119 ext. 3
TTY Hotline 1 (800) 621-4202

Florida Legal Services attorneys work in collaboration with Florida Coalition Against Domestic Violence to provide legal assistance to victims of domestic violence.

Loveisrespect.org (Dating Abuse Helpline)
www.loveisrespect.org

1 (866) 331-9474
TTY Hotline 1 (866) 331.8453
Text "loveis" to 22522

Loveisrespect, the National Dating Abuse Helpline, is a national resource that can be accessed by phone or the internet. The Helpline and **loveisrespect.org** offer real-time one-on-one support from trained Peer Advocates, who are trained to offer support, information, and advocacy to those involved in dating abuse relationships as well as concerned parents, teachers, clergy, law enforcement, and service providers.

National Domestic Violence Hotline
www.thehotline.org

P.O. Box 161810
~ Austin, TX 78716

1 (800) 799-SAFE (7233)
TTY Hotline 1 (800) 787-3224

24-hour hotline provides crisis intervention, information and referral to victims of domestic violence or people questioning the health of their relationships. The hotline is toll-free, confidential and anonymous.

New Hope Intervention
www.newhopeintervention.com
Email: John@newhopeintervention.com

1311 N. Paul Russell Rd. Suite B
~ Tallahassee, Fl. 32301

(850) 270-9686

The mission of New Hope Intervention is to provide safety for victims through offender education, counseling, and behavior modification. Offers Batterer's Intervention Program (BIP), Anger Management classes, Domestic Violence (DV) Parenting Education, and Anti-Theft programs. Call to set up an appointment and for information about insurance and fees.

Refuge House Domestic Violence and Rape Crisis Programs
www.refugehouse.com

24-hour local hotline: (850) 681-2111
Toll Free Florida Domestic Violence Hotline: 1 (800) 500-1119
Toll Free Florida Sexual Assault Hotline: 1 (888) 956-7273
TTY: 1 (800) 621-4202

Provides emergency shelter and transitional housing, counseling, support groups, and case management for adults and families at risk of domestic violence, sexual assault or prostitution. Safe shelter services for men individually arranged; individual and group counseling for women and children in shelter and in outreach offices; information and referral to other services.

Emergency Shelter. Refuge House has two emergency shelters: one in Leon County and one in Taylor County, offering a safe place for adults and families who have no other safe housing option.

- For the safety and security of those at Refuge House, the locations of the shelters are confidential.
- While in shelter, residents are provided with emergency foods, linens, clothing and other needed personal items. Staff members are here to help you meet your goals for housing, jobs, family support and any other "next steps" you have in mind. Special activities are designed to help children begin the process of recovering from violence as well. We plan on a 45-day stay for shelter residents.

The Refuge House Transitional Housing Program provides confidential, safe housing to victims of domestic violence, sexual assault, prostitution and sex trafficking, and to their children, for up to two and a half years.

- The **"Safe Haven"** site features rooms located within the Emergency Shelter, and is a wonderful site for survivors and families needing 24-hour crisis intervention and the highest level of site security.
- The **"360"** site features family rooms and apartments within a community living house. This site is perfect for survivors and families who want to benefit from strong support from other survivors, case management assistance, and a rich menu of educational, wellness, and personal interest groups.
- Our most community-based site is the **"Townhome Village,"** where independent living is combined with Refuge House activities, events, and supportive counseling services.

Refuge House, SAFE Center
Sexual Assault Forensic Exam Center
www.refugehouse.com

24-hour local hotline: (850) 681-2111
Toll Free Florida Sexual Assault Hotline: 1 (888) 956-7273
TTY: 1 (800) 621-4202

The SAFE center was designed to provide a private, comforting and safe place for survivors and their loved ones. Comforts include:

- A family and friends room where anyone who is accompanying a survivor can wait comfortably
- The interview room where the investigator, survivor and friend or advocate can conduct an interview
- The Forensic Exam room where a SANE Nurse conducts a Sexual Assault Nurse Exam if the survivor so chooses
- Full shower, changes of clothes and hygiene items if necessary
- Snacks, blankets, cable and Wi-Fi as well as other items as needed

Brochure: <https://refugehouse.com/wp-content/uploads/2018/02/SAFE-Center-Brochure.pdf>

Survive And Thrive Advocacy Center (STAC)
www.surviveandthriveadvocacy.org/get-help/
Email: STAC@surviveandthriveadvocacy.org
www.facebook.com/stacfl

(850) 597-2080

STAC provides comprehensive services assistance for survivors of labor and sex trafficking. STAC collaborates with other advocates, service providers, law enforcement and prosecutors so that survivors can receive the assistance they need to survive and thrive and works closely with those who assist specific populations – minors, adult women who are sex trafficked, immigrants. Partners with local agencies to provide wrap around services for survivors of trafficking. Services are victim-centered and trauma-informed.

State Attorney's Office
Victim / Witness Assistance Program
www.sao2fl.org (click on Victim Services link)
Email: potlockh@leoncountyfl.gov

Leon County Courthouse
301 S. Monroe St., Suite 475
~ Tallahassee, FL 32301

(850) 606-6117

Provides support for victims or witnesses of crime, advocacy for victims, status of court cases and explanation of legal system, court preparation and accompaniment, assistance with filing for victim compensation benefits, crisis intervention and bereavement counseling for victims of violent crimes, counseling for family members, referrals.

The Address Confidentiality Program provides services to victims of domestic violence who are attempting to escape from actual or threatened violence through relocation. Participants are provided with an address designated by the Attorney General as a substitute mailing address in order to prevent their abusers from finding them. Victims who have left an abusive situation may apply by calling **1-800-226-6667** or contacting a Victim Advocate.

SUBSTANCE ABUSE & ADDICTION

Alcoholics Anonymous (AA) **Intergroup 5, P.O. Box 180984** **24-hour Hotline (850) 224-1818**
www.intergroup5.org ~ Tallahassee, FL 32303

Offers multiple 12-Step support groups for people dealing with alcoholism. Meeting times and directions listed on the website.

Apalachee Center **2634 Capital Circle N.E.** **(850) 523-3333 ext 8308**
www.apalacheecenter.org ~ Tallahassee, FL 32308 **MRT 24/7 helpline (800) 342-0774**

Provides a full range of care for families and individuals seeking help and recovery from psychiatric and addiction crises. Services range from acute inpatient psychiatric evaluation and treatment, through residential and intensive home-based services, all the way to outpatient psychotherapy and medication management. Apalachee Center's Central Receiving Facility provides assessment and referral services 24 hours a day for mental health and substance abuse related crises.

- **Inpatient services** include Eastside Psychiatric Hospital, PATH Crisis Stabilization unit, short-term residential program and a Detox unit.
- **Residential services** provides various levels of long- and short-term supportive housing options
- **Outpatient services** include psychiatric evaluations, medication management, individual therapy, care management, and psychosocial rehabilitation. **No one will be denied access to services due to inability to pay, and there is a discounted/sliding fee schedule available.**
- **The Mobile Response Team (MRT)** provides immediate assessment and intervention to anyone experiencing a mental health crisis. Trained counselors are available 24 hours a day to provide crisis intervention and link individuals to appropriate care providers.

Behavioral Health Center at TMH **1616 Physicians Dr. ~ Talla, FL 32308** **(850) 431-5100**

www.tmh.org/services/mental-health-substance-abuse/substance-abuse

Provides support for dealing with substance abuse and mental health disorders in adults and children and outpatient psychiatric care.

- **Inpatient Services** provides short-term inpatient care to adults, children and adolescents for depression, bipolar disorder, anxiety, schizophrenia, substance abuse and dependence, including inpatient detoxification services.
- **Co-occurring Disorders Inpatient Program** offers treatment for dual diagnosis patients with psychiatric disorders and substance abuse or addiction who meet criteria for admission.
- **Outpatient Program** provides treatment plans for patients based on their unique needs. Treatment plans may include counseling for mental health, relationships and/or substance abuse, support groups, and psychiatric medication management.

Big Bend Area Narcotics Anonymous (NA) **NA Hotline (850) 224-2321**
<https://bb.naflorida.org/>

N.A. is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. There is only one requirement for membership, the desire to stop using.

Celebrate Recovery, Killearn UMC
www.killearnumc.org/celebrate-recovery

2800 Shamrock St. S.
~ Tallahassee, FL 32309

Jim K: 850-445-6666
Margie C: 850-559-6130

Biblical, faith based 12 step recovery groups for adults suffering from addictive, compulsive and dysfunctional behaviors including substance abuse, food addiction and codependency. Groups for women and men suffering from sexual, physical or emotional abuse. Nursery and programs for children and teens.

Regular Friday Nights events include dinner at 6 pm, program at 7 pm, small recovery-specific group meetings at 8 pm. Childcare is available for babies six weeks old through children in kindergarten. Reservations are required by noon, **text to 850-294-2413**. Celebration Place offers programming for children 1st-5th grade.

Christ Town Ministries
www.christtown.org/services

2121 W. Jefferson St.
~ Quincy, FL 32351

(850) 627-7181

Offers Men's Residential Recovery Program, Christian 12-Step Recovery Meetings, Family Recovery Classes, Anger Management Education/Counseling, and Relapse Prevention Meetings.

Residential Recovery Program Phase 1: Spans a one-year time frame, giving participants the time and tools needed for the next phase of recovery. During this time the participant is focused on recovery classes and work skills. After graduating Phase 1, participants have the option to apply for Phase 2.

Residential Recovery Program Phase 2: Tailored to meet the goals of the individual. Some may desire to further their education and obtain a skill for employment or some may desire to go directly to work. This phase enables them to do either, still with strong accountability, to prepare them for returning into society with their own place to live, automobile and employment.

Family Meetings: There is a series of four Family Meetings that are designed to help family members of participants support and help their loved ones overcome their addictions. These meetings are vital for any and all family members that will be communicating and visiting the program participant.

Call or visit the website for more information.

DISC Village, Inc. Adult Services
www.discvillage.com

1000 W. Tharpe St., Suite 14
~ Tallahassee, FL 32309

(850) 561-0717

Provides comprehensive screening, assessment, Medication Assisted Treatment (MAT), and counseling to adults 18+, with substance misuse and co-occurring mental health diagnoses. Our outpatient offices utilize a Strengths Based Approach with a variety of Evidence Based Practices to assist adults seeking therapeutic services on a voluntary or referral basis. Virtual therapy available. Accepts Medicaid and offers sliding scale fees. Bring documentation of income.

DISC Village, Inc. Juvenile Outpatient
www.discvillage.com

536 S. Appleyard Dr.
~ Tallahassee, FL 32304

(850) 561-0717

Juvenile Outpatient Services specializes in comprehensive screening, assessment, and counseling for youth ages 11 to 18 with substance misuse and co-occurring mental health diagnoses. Our outpatient offices utilize a variety of Evidence-Based Practices and strategies to assist youth and families seeking therapeutic services on a voluntary or referral basis. Juvenile Outpatient and case management services strive to reduce the barriers to accessing appropriate treatment for youth by integrating services effectively and efficiently into the family's lifestyle. Accepts Medicaid and offers sliding scale fees. Bring documentation of income. Self-referrals welcome.

Holistic Plan of Care, Inc.
<https://hpocare.org>
Email: support@hpocare.org

113 S. Monroe St.
~ Tallahassee, FL 32301

(850) 201-7105

Provides the following services:

- Individual and group counseling
- Mentoring
- NCBA Elderly Program
- Crisis intervention
- Leon County Probation/Pretrial release
- Life skills classes
- Anger management courses
- Parenting courses
- Substance abuse courses

KCI / NPI Tallahassee
www.keetoncorrections.com

3190-3 Springhill Rd.
~Tallahassee, FL 32305

(850) 425-1181

This Non-Secure Treatment Program is a Florida Department of Corrections funded program that was created to provide intervention for those Probation or Community Control offenders experiencing difficulty with alcohol or drug abuse that are in need of a greater intensity of treatment than outpatient counseling can provide. The Department of Corrections has contracted with local agencies to provide these services at the community level. The program consists of a two-month intensive treatment component followed by a four-month employment / reentry component. Combining group and individual counseling, as well as family education in a residential setting, the program strives to engage the offender in personal growth while keeping in mind the security and accountability requirements that are necessary to meet our responsibility to the courts and our host communities.

Natural Bridge Recovery Center
www.discvillage.org/pages/services/adult/residential.html

2967 Natural Bridge Rd.
~ Tallahassee, FL 32305

(850) 421-4115

The Natural Bridge Recovery Center is a moderate to long-term residential treatment facility for chemically dependent men 18 years and older. The structured, therapeutic environment offered at the Natural Bridge Recovery Center utilizes a multifaceted, holistic approach along with peer support to encourage residents to develop individualized treatment goals that foster personal success. Offers individual counseling, group counseling, education / vocational assistance, case management. Residents gain the necessary tools to remain on their journey towards recovery as they return to their supportive environment outside of Residential Treatment. The following treatment options are available: Motivational Interviewing, Cognitive Behavioral Therapy (CBT), Medication Assisted Treatment (MAT) Services, nutritional screening and counseling.

New Season Opioid Addiction Treatment Center
Email: leoncounty.fl@cmglp.com

3976 Woodville Hwy
~ Tallahassee, FL 32305

(850) 878-7776

www.newseason.com/clinics/leon-county-treatment-center

Opioid addiction treatment center for adults; services include counseling, Medication-Assisted Treatment (MAT), medical exams, outpatient services, referrals. Accepts Medicaid, Medicare, and other insurance.

Oxford House, Inc.
www.oxfordhouse.org
Email: josh.white@oxfordhouse.org

103 Barbourville Dr.
~ Tallahassee, FL 32301

(504) 239-0608

Oxford House is a self-run, self-supported addiction recovery house offering a supportive, clean and sober environment. Leon county currently has 6 houses for men, 1 for women, and 1 for women with children. Residents learn alcohol and drug-free living skills, receive 24-hour support from peers in recovery, share responsibilities, participate democratically in running the household, and equally share expenses. Move-in fee (\$150) due upon acceptance into the house; weekly cost is \$135 - \$175 per person. Open to anyone with substance abuse disorder and co-occurring disorders; no people with sex offenses. Visit <https://www.oxfordvacancies.com/> to see available vacancies and apply online. Applications may also be submitted while incarcerated to secure housing upon release.

Promise Land Ministries
www.promiselandministries.org
Email: amen@promiselandministries.org

20 Church Rd.
~ Crawfordville, FL 32327

(850) 926-3281

Free faith-based residential treatment program for men and women. No fee. Thirty-two-week substance-abuse addiction recovery program provides a spiritual home environment that empowers residents to become productive members of their families and society through an intensive application of the 12-Steps. Call for screening or apply online at www.promiselandministries.org.

Sisters in Sobriety
www.discvillage.org/pages/services/adult/residential.html

2967 Natural Bridge Rd.
~ Tallahassee, FL 32305

(850) 421-4115

Sisters in Sobriety is a moderate to long-term residential treatment facility for chemically dependent women 18 years and older. The structured, therapeutic environment offered at Sisters In Sobriety (SIS) utilizes a multifaceted, holistic approach along with peer support to encourage residents to develop individualized treatment goals. Offers individual and group counseling, education / vocational assistance, case management. Residents gain the necessary tools to remain on their journey towards recovery as they return to their supportive environment outside of Residential Treatment. The following treatment options are available: Motivational Interviewing, Cognitive Behavioral Therapy (CBT), Medication Assisted Treatment (MAT) Services, nutritional screening and counseling.

Tobacco Free Florida / AHEC
www.ahectobacco.com
www.tobaccofreeflorida.com
Email: tobacco@ahec.ufl.edu

1 (877) 848-6696
1-877-U-CAN-NOW (1-877-822-6669)

Tobacco Free Florida offers free programs through the Florida Area Health Education Centers (AHEC) Network. AHEC classes provide support, guidance, and quit aids like NRT, while supplies last and if medically appropriate, to help clients become tobacco free. Classes guide clients through the issues related to tobacco use. Class list at www.ahectobacco.com or call **1 (877) 848-6696**.

Townsend Addiction Recovery Center **2724 Capital Circle N.E., Suite 8** **(850) 656-5112**
www.townsendarc.com ~Tallahassee, FL 32308
Email: 6565112@gmail.com

Provides individual counseling for substance abuse, codependency, and a variety of mental health issues. Offers relapse prevention group, individual substance abuse counseling, mental health counseling, SAP evaluations under Federal DOT, intervention counseling, drug testing, court evaluations. Does not accept Medicaid but most other insurance is accepted.

Woodlands C.A.M.P. **2320 Talley Lane** **(850) 574-CAMP (2267)**
www.woodlands-camp-tally.org ~ Tallahassee, FL 32303
Email: scoma.woodlands@gmail.com

Facebook: www.facebook.com/woodlands-camp-Tallahassee

Woodlands C.A.M.P. is a faith-based program that supports individuals in their journey from life's interruptions, including incarceration and/or addictions, back into the community with restoration and purpose. The program offers a supportive way of living and opportunities to learn coping skills, in a clean and sober environment. The Woodlands program provides a combination of freedom and structure to help in readjusting to an unstructured environment. The residents must abide by program rules that act as guard rails as they pursue independent living and accomplishing their life goals. The campus is located only minutes from Tallahassee Community College and Lively Technical-Vocational School. Public transportation and numerous job opportunities are within walking distance. Our campus consists of a large gathering place, small group rooms, library, weight room, dorm rooms, activity center with pool table, foosball, and air hockey. Our program fee is \$130 per week.

PREGNANCY

Birth Cottage
www.thebirthcottage.com
E-mail: Alice@thebirthcottage.com

260 E. Sixth Ave.
~ Tallahassee, FL 32303

(850) 224-BABY (2229)

Provides complete prenatal care, labor support, birth at the Birth Cottage, and birth at home by licensed midwives. Provides:

- Nutritional counseling
- Parenting information
- Breastfeeding info
- Exercise counseling
- Home visits
- Childbirth classes
- Gynecological services
- Pre-pregnancy counseling
- Gatherings with other families

All insurance companies, HMOs and Medicaid cover all or most of the fees. Payment plans are available.

Brehon House
www.brehonfamilyservices.org
Email: jwebb@brehonfamilyservices.org

1315 Linda Ann Dr.
~ Tallahassee, FL 32301

(850) 656-7110

Provides transitional housing for homeless pregnant women and their children, ages three years or younger. Provides services and programs that promote healthy families, nurturing parent-child relationships, and healthy babies. Offers access to education, medical care and childcare. All services are provided at no cost. Clients must be at least 18 years old, pregnant at the time of their enrollment, currently homeless or living in a dangerous environment from which they wish to escape. Clients must not have a criminal history that would pose a danger to themselves or others and must be willing to abide by the house rules.

Family Health Line
<https://211bigbend.org/family-health-line/>

(800) 451-BABY (2229)
English/Spanish/Haitian Creole

The Family Health Line is a state-wide, free hotline, funded by the Florida Department of Health, which offers counseling, information and referrals about pregnancy, infant and toddler issues. The hotline provides callers with information on helpful community resources and answers basic questions about pregnancy, breastfeeding, childbirth education and other pregnancy-related concerns.

The Family Health Line Packet (English/Spanish packets available), includes information on women's health, pregnancy, infants, and toddlers. Florida residents can call to request a packet, free of charge.

The hotline is open from **8 a.m. - 11 p.m. Mon – Fri, 10:30 a.m. - 6:30 p.m. weekends**, and closed on state holidays.

Healthy Start
www.capitalareahealthystart.org/healthy-mom/
Email: info@capitalareahealthystart.org

1311 N. Paul Russell Rd. (850) 488-0288
Suite A-101
~ Tallahassee, FL 32301

After a prenatal risk screening, pregnant women are eligible to enroll in Healthy Start. Healthy Start is a free program created to educate and support women throughout their pregnancies. Eligibility also extends to infants and families with young children under the age of 3.

Healthy Start services include:

- Healthy Pregnancy & Parenting Education
- Nutrition Education
- Childbirth Preparation
- Breastfeeding Education & Support
- Women’s Health Education & Support
- Child Development Education
- Stress Management and Emotional Support
- Help to Quit Smoking
- Care Coordination and Referrals

After enrollment, participants are connected with a care coordinator who tailors the program to the client’s specific needs. Care coordinators can come to the client’s home (or other location) to assist in steps needed to have a healthy pregnancy. Clients meet with care coordinators at least once a month and possibly more often if necessary.

Making Miracles Group Home
www.makingmiraclesgrouphome.org
Email: harris_debra@yahoo.com

P.O. Box 12953 (850) 727-3304
~ Tallahassee, FL 32317

Making Miracles Group Home is a faith-based one-year, live-in program designed to support young mothers, and teach them how to live independently and care for themselves and their children. Making Miracles Group Home accepts women who are pregnant and/or have a child under three (3) years of age. Dedicated to helping young women reach their greatest potential experience by providing a stable foundation, empowering women to build wholesome and healthy lives. Room and board and services are free of charge and residents are able to stay for up to one year. People with criminal backgrounds may be accepted depending on charges. Determination is made on a case-by-case basis. Apply online at www.makingmiraclesgrouphome.org.

My Choice Adoptions
The Law Office of Melanie B. Coats
www.mychoiceadoptions.com

3518 Sharer Rd. (850) 273-2629
~ Tallahassee, Florida 32312

Free adoption support in Northern Florida, including Tallahassee and surrounding areas. They promise to respect, honor, and follow clients' choices. Provides assistance with:

- Financial Support
- Counseling
- Family selection
- Transportation
- Medical care
- Hospital plan help

Planned Parenthood of North Florida
www.plannedparenthood.org

2618 W. Tennessee St.
~ Tallahassee, FL 32304

(850) 574-7455

Provides the following services:

- Birth Control
- Abortion
- HIV Services
- Men's Health Care
- Mental Health
- Morning-After Pill (Emergency Contraception)
- Pregnancy Testing & Services
- STD Testing, Treatment & Vaccines
- Transgender Hormone Therapy

You can privately and easily book your appointment online at www.plannedparenthood.org for select services 24/7. For the full set of services, you can call **850-574-7455** to book your appointment. Health center staff can also answer any questions you may have. Accepts many insurance providers. If you're worried about cost, talk to us about how you can get health care that fits your budget.

Pregnancy Help and Information Center
www.phicenter.org
Email: info@phicenter.org

1710 S. Gadsden St.
~ Tallahassee, FL 32301

(850) 222-7177

Offers faith-based services for pregnant women who plan to carry pregnancy to term. Offers food, clothing and other supplies, and faith-based parenting classes for mothers and fathers. Bring photo ID.

PHI is not a family planning counseling service and does not offer supportive counseling about abortion or contraceptive options. To obtain counseling on options and alternatives to pregnancy, contact Planned Parenthood at www.plannedparenthood.org for select services 24/7. For the full set of services, you can call 850-574-7455 to book your appointment.

Stork's Nest
<https://www.facebook.com/thestorksneztally/>
Email: storksnestTallahassee@gmail.com

(850) 290-2053

A cooperative project of Zeta Phi Beta Sorority, Inc. and the March of Dimes Foundation. Stork's Nest aims to increase the number of women receiving early and regular prenatal care in an effort to prevent cases of low birthweight and premature births. Provides a prenatal health promotion program for low-income pregnant women to encourage them to make and keep prenatal care appointments and participate in prenatal education classes. Expectant mothers can get maternity and infant clothing at no cost.

Tallahassee Memorial Healthcare
www.tmh.org/health-and-wellness/events

(850) 431-1155

Offering wellness classes & events, including pre-and postnatal classes, parenting classes, babysitter training, infant and child CPR, Little Ones Music Play, and joint replacement classes, among others. Our services are available at sites all across Tallahassee, so you can easily find a location that suits your needs.

Woman's Place, A, TMH

<https://www.tmh.org/location/a-womans-place>

Email: awomansplace@tmh.org

1301 E. Sixth Ave.

~ Tallahassee, FL 32308

(850) 431-4915

Offers classes in prenatal and childbirth preparation, Infant and Child CPR, and the ABCs of Babies, which teaches expecting parents and family members the basics of caring for a new baby, including diaper changing, dressing, bathing, and feeding. Fee for classes. Register online at <https://www.tmh.org/location/a-womans-place>.

Services offered include:

- Breast Prosthesis Boutique
- Breast Pumps and Parts
- Breastfeeding Support
- Childbirth Classes
- Herbal Breast Milk Supply Supplements
- Nursing Bras
- Prenatal Classes

"Milk with Mommy: Breastfeeding Support Group" is a free breastfeeding support group that meets weekly and is led by a certified lactation consultant. Open to anyone in the community; provides a social outlet for moms during their transition after delivery; provides an infant scale to weigh a baby before and after feeding.

Women, Infants and Children (WIC)

Leon County Dept. of Health

www.floridahealth.gov/programs-and-services/wic/

Email: LeonCHD.Feed-back@flhealth.gov

Richard & Lewis Medical Center, 872 W. Orange Ave. ~ Tallahassee, FL 32304

**(850) 404-6350
1 (800) 342-3556**

Roberts & Stevens Medical Center, 1515 Old Bainbridge Rd. ~ Tallahassee, FL 32303

WIC (Women, Infants and Children) is a federally funded, special supplemental food and nutrition education program for serving infants, children up to 5 years old, pregnant and breastfeeding women, and women in the first 6 months after giving birth. Nutrition counseling, breastfeeding support, promotion, and training. Call **(850) 404-6350** for appointment hours and days and walk-in clinic hours and days.

PARENTING & CHILDREN'S SERVICES

Boys & Girls Clubs of the Big Bend www.bgcbb.org Email: kdennis@bgcbb.org	723 W. Orange Ave. ~ Tallahassee, FL 32310	(850) 656-8100
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Safe, structured after-school programs for children aged 5 – 18. Youth development programs focus on five core program areas: Career and Academics, Healthy Living, Character and Leadership, Sports, Fitness and Recreation, The Arts. Rewards for attendance and Power Hour Homework Help. Call for fees and hours of operation.

- **Springfield Club – 1700 Joe Louis St. ~ Tallahassee, FL 32304** **(850) 656-8100**
- **Miccosukee Club -- 15011 Cromartie Rd. ~ Tallahassee, FL 32309** **(850) 894-2094**
- **Pinewood Place Club – 2940 Grady Rd. ~ Tallahassee, FL 32312** **(407) 535-9981**
- **Sunrise Place Club -- 2525 Texas St. ~ Tallahassee, FL 32301** **(850) 519-2609**

Camelot Community Care www.camelotcommunitycare.org Email: kellis@camelotcommunitycare.org	1000 W. Tharpe St., Suite 7 ~ Tallahassee, FL 32303	(850) 561-8060
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Serves children and families experiencing abuse, neglect, or behavioral health issues. Provides behavioral support, counseling and psychiatric services to children ages 3 – 18 years old at home, school or community. Staff can also provide assessment to help a family determine what services are needed or to help determine the appropriate focus of treatment. Accepts Medicaid.

Capital City Youth Services (CCYS) www.ccys.org	2407 Roberts Ave. ~ Tallahassee, FL 32310	24/7 Crisis Hotline: (850) 576-6000 Case Management: (850)294-6044 Drop In Center: (850)274-8689
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Family Place Counseling - Confidential services are free and include:

- Family, individual, and group counseling
- Early intervention for families in crisis
- Consultation and referrals to other agencies and services
- Comprehensive assessment, treatment planning, and case management for youth and families
- Other specialized services, such as school groups

Stop Now and Plan (SNAP)

Serving ages 6 – 11 through a family-focused intervention program with a focus on youth exhibiting antisocial or aggressive behavior. Includes parent and youth workshops to teach flexibility, emotional control, and problem-solving skills. Weekly meetings for 13 weeks. Contact: Greg.Farmer@CCYS.org

Someplace Else (Youth Crisis Shelter)

Serving youth ages 10 – 17 through a short-term residential program and emergency shelter; 24-hour supervision. Includes art and music therapy sessions, and counseling for youth and their families.

Going Places Outreach Program

Serving youth ages 11-24 through supportive and non-judgmental relationships. Staff connect youth with resources and services through the Drop-In Center and Street Outreach. Providing support to homeless, runaway, and at-risk youth.

Community Connections Restorative Justice Program **Palmer Munroe Teen Center** **(850) 891-2569**
www.talgov.com/parks/centers-palmer.aspx **1900 Jackson Bluff Rd. ~**
Email: julia.denholm@talgov.com **Tallahassee, FL 32304**

Serves youth between the ages of 13 and 17 referred by the school system, court system, or the community because they are having communication / conflict difficulties and / or legal issues. The 12-week program begins with a restorative conference exploring issues arising in the youth's life and what actions can be put in place. Youth come twice a week to sit in circle and with a one-to-one student-to-community member ratio and learn the process of Nonviolent Communication as created by Marshall Rosenberg, PhD. Students meet with a case manager weekly and complete two community service activities while in the program.

Dare to Dream Young Girls **926 E. Park Ave. ~ Tallahassee, FL 32301** **(850) 847-3875**
www.daretodreamyounggirls.com **P.O. Box 14652 ~ Tallahassee, FL 32317**

Offers academics, enrichment and emotional support for girls 5 -17 years old through various planned events, activities, workshops, tutoring, mentoring and many other areas of support for growth.

Early Steps, Children’s Home Society **1801 Miccosukee Commons Dr.** **(850) 921-8989**
www.floridahealth.gov/AlternateSites/CMS-Kids **~ Tallahassee, FL 32308**

Offers services to [eligible](#) infants and toddlers (birth to thirty-six months) with developmental delays or a condition likely to result in a developmental delay. Early intervention is provided to support families and caregivers in developing the competence and confidence to help their child learn and develop. Takes all insurance; Medicaid accepted; free of charge if not insured.

Early Learning Coalition **Edgewater Corporate Center** **(850) 385-0504**
www.elcbigbend.org **2639 N. Monroe St., Bldg. C-300**
~ Tallahassee, FL 32303

Provides a comprehensive system of children’s support services. Walk-in Mon – Thurs 8:30 am – 12:30 pm or call (850) 385-0504. Services include:

- **Family Services:** Child care information and resources, customized child care referrals, school readiness tuition assistance, Voluntary Prekindergarten programs for 4 year olds, referrals and assistance in accessing additional community resources.
- **Child Services:** Hearing, vision and developmental screening, early literacy programs such as the My First Books "giving library," and early intervention services for children with identified areas of concern.
- **Tuition for childcare:** The ELC helps at-risk and low-income working families by providing child care tuition assistance through the School Readiness program. The ELC determines eligibility by looking at the purpose for care (working, attending school, etc.), household income, and the number of people in the household and enrolls in the School
- **Readiness program** when there are available funds. Typically, there is a waitlist to receive services. To see if you may be eligible for this program, access Florida’s Early Learning Family Portal online at www.familyservices.floridaearlylearning.com/Account/Login

Family Connections, Children’s Home Society **1801 Miccosukee** **(850) 921-0772**
www.chsfl.org/locations/big-bend-Tallahassee **Commons Dr.** **Tele-counseling (video sessions)**
Email: bigbendfamilyconnections@chsfl.org **~ Tallahassee, FL** **option: (850) 747-5411**
32308

Provides services for families traumatized by abuse or neglect. Provides counseling for children 3 – 18 years old and families struggling with symptoms of trauma such as depression, anxiety, family changes or transitions, grief, loss, and anger. Many payment options available, including Medicaid. Complete referral form online at www.chsfl.org/services/counseling/counseling-referral-form.

First Words Project, FSU **Edgewater Office Park** **(850) 488-5780**
www.firstwordsproject.com **2312 Killearn Center Blvd., Bldg. A ~**
Tallahassee, FL 32309

Provides individualized evaluation of the communication development of children 9 months to 19 months of age, as well as intervention services. Parent or legal guardian must fill out a screener application online before scheduling an appointment. Additional advice and support for fostering early childhood communication and development at www.babynavigator.com.

Florida Child Support Enforcement Hotline **325 John Knox Rd., Bldg. 300** **1 (850) 488-5437**
~ Tallahassee, FL 32303

www.floridarevenue.com (Click the Child Support tab.)
To send an email, go to www.floridarevenue.com then click on Email Us.

Hotline offers assistance in locating missing parents, establishing legal paternity, obtaining and enforcing child support and medical support orders, making payments and most other aspects of child support. Visit the website to make a payment, pay online by credit card or electronic check, access case information online, and learn more about and apply for resources for parents. To send an email, go to www.floridarevenue.com then click on **Email Us**. Emails will be answered in one business day.

Florida KidCare **1 (888) 540-5437**
www.floridakidcare.org **TTY 1 (800) 955-8771**

Offers affordable, low-cost health and dental insurance for eligible, uninsured children birth through age 19. Some covered services offered by Florida KidCare are doctor visits, check-ups, shots, hospital, surgery, dental, prescriptions, vision, hearing and mental health. Email messages and on-line accounts available.

Head Start ~ Capital Area Community Action Agency **309 Office Plaza Dr.** **(850) 222-2043**
www.capitalareacommunityactionagency.com **~ Tallahassee, FL 32301**

Head Start is a Federal program for low-income families that provides comprehensive child development services for preschoolers, including those with disabilities, to prepare them for school and success later in life. Parent or parents must be working or attending school. The child must be 3 or 4 years old by Sept 1st of the current year.

- **Mabry Street -- 240 Mabry St., Tallahassee, FL 32304** **(850) 201-2060**
- **Louise B. Royal -- 1124 North Duval St., Tallahassee, FL 32303** **(850) 201-2062**
- **South City -- 2813 S. Meridian St. ~ Tallahassee, FL 32301** **(850) 878-2320**

**Healthy Families Leon
Brehon Family Services**

**1315 Linda Ann Dr. ~
Tallahassee, FL 32301**

(850) 656-7110

www.brehonfamilyservices.org

Healthy Families Gadsden/Leon is a free and voluntary home visiting program for expecting parents or parents who have a newborn baby younger than three months of age. Healthy Families provides:

- In-home parenting education
- Prenatal information, education, and birth preparation
- Basic infant care education
- Child developmental screening and monitoring
- Fun and educational activities for parents and babies using the latest research in brain development
- Well baby care and immunization education
- Family resources and referrals to community services
- Child and home safety education
- Support in setting and achieving family goals
- Program services may be provided for up to three to five years, depending on the needs and goals of your family.

Office hours are 9 am to 5 pm. However, because services are delivered in-home, program staff will work to provide visits at a time that is most convenient, and visits can be provided before or after typical working hours and on weekends.

Offers home visiting services delivered by trained family support workers to families of newborns, under three months old, who are experiencing stressful life situations. Offers support to promote healthy child development, enhances problem solving skills, and provides links to health and support services family may need. Services may begin at the birth or prenatally and are offered to families for up to five years. Intensity and duration based on need. Majority of community referrals come through Healthy Start prenatal infant screening.

Holistic Plan of Care

**113 S. Monroe St.
~ Tallahassee, FL 32301**

(850) 201-7105

<https://hpocare.org>

Email: support@hpocare.org

Provides the following services:

- | | |
|--|----------------------------|
| ● Individual and group counseling | ● Life skills classes |
| ● Mentoring | ● Anger management courses |
| ● NCBA Elderly Program | ● Parenting courses |
| ● Crisis intervention | ● Substance abuse courses |
| ● Leon County Probation/Pretrial release | |

Homework Hub

Leon County Public Library

(850) 606-2706

www.leoncountylibrary.org

200 W. Park Ave.

Email: HomeworkHub@leoncountyfl.gov

~ Tallahassee, FL 32301

Offers online and in-person after school academic support for school age youth in grades 1 – 8. Register online at <https://cms.leoncountyfl.gov/Library/Kids/Homework-Hub>

**Kids Incorporated of the Big Bend
Early Head Start**
www.kidsincorporated.org

**2326 Centerville Rd.
~ Tallahassee, FL 32308**

(850) 414-9800

Provides comprehensive services to low-income pregnant women and children - birth through three years of age - and their families. Participants must meet income eligibility requirements and a minimum of 10% of the children served have special needs. The Kids Incorporated Early Head Start program provides the following services: Services to Pregnant Women, Family Support, and Health & Disability Services. Runs Early Head Start Centers at the following locations:

- **Pamela Davis Parkway Early Head Start -- 1410 E. Indian Head Dr. ~ Tallahassee, FL 32301** (850) 487-9124
(850) 219-0037
- **Budd Bell Early Learning Center -- 306 Laura Lee Ave. ~ Tallahassee, FL 32301** (850) 414-9815
- **Brandon's Place at Lincoln -- 438 W. Brevard St. ~ Tallahassee, FL 32301**

**Learning Pavilion, The
Goodwill Industries - Big Bend**
www.thelearningpavilion.org
Email: ksineath@goodwillbigbend.com

**3519 Easter Stanley Court
~ Tallahassee, FL 32308**

(850) 921-KIDS (5437)

Provides an inclusive and nurturing learning environment to encourage your child's development, self-esteem, and personal independence, and we believe that play is an integral part of that philosophy. While we are a fully inclusive childcare facility, at The Learning Pavilion, you will also find a supportive environment for children with developmental delays and disabilities. We specialize in early intervention and pride ourselves on working closely with parents to ensure the needs of each child are met. Scholarship assistance is available to assist participants who may be in financial need.

Monthly parent meetings available based on the Parent Leadership approach - a strengths-based approach to family support that is founded on the belief that parents are knowledgeable about the families and communities and can provide valuable insight into programmatic and community changes to benefit children and families.

Leon County Health Dept.
www.leon.floridahealth.gov

**1515 Old Bainbridge Rd.
~ Tallahassee, FL 32303**

(850) 404-6403

Provides required and recommended immunizations from birth through high school; provides immunization records for daycare through high school attendance on a Florida Certification of Immunization (DH680) form, commonly called "the blue card."

Oasis Center for Women and Girls
www.theoasiscenter.net
Email: admin@theoasiscenter.net

317 E. Call St.
~ Tallahassee, FL 32301

(850) 222-2747

Services include:

- Our single moms' support group meets once a week in 8-week cohorts. There is a small fee to establish commitment. Dinner and childcare are included for the 90-minute sessions.
- Our individual counseling, specializing in women's issues, offers mental health support on a sliding fee scale.
- Girls Can Do Anything! summer camp engages girls in big visions of who they are and want to be while meeting women doing awesome things throughout the community. Discounts available for families in need.
- We take our girls' empowerment programming out into the community, where girls are, providing small-group support in the K-12 setting.
- Barriers to women's equity, safety, health, agency, and economic mobility, are also resolved by representation. So, we train women to run for office through a nonpartisan, issue-neutral curriculum and event series called Women Can Run.

PACE Center for Girls, Leon
www.pacecenter.org/locations/leon
Email: kristel.avilus@pacecenter.org

311 East Jennings St.
~Tallahassee, FL 32301

(850) 241-0241

Drop-out prevention alternative school for girls in middle or high school. The holistic, strength-based, and asset building Pace program model addresses the needs of girls at risk of entering the juvenile justice system. Offers goal setting and progress monitoring, service-learning opportunities, career preparation, case management, counseling, and transition services. Ongoing parental involvement is an integral part of the care plan for each girl. Counselors maintain regular contact with parents or guardians through phone calls and in-person meetings. Call or email for more information about enrollment.

LIFE Center, The We Are All We Need (WAAWN), Village of Care
www.virtuallifecenter.com
www.weareallweneed.org
Email: contact@virtuallifecenter.com

3333 Pensacola St., Suite 140
~ Tallahassee, FL 32304

(850) 597-9901

Provides a safe space, LIFEline of support & Mental Health Needs Assessments to families & members in adverse conditions & impoverished zip codes. The LIFE Village Of Care solution provides a LIFE coach, equitable access to new or existing programs & Mental Health resources at no cost to families in promise zones!

LIFE Coaches & Experts are focused on providing trauma informed care & social emotional skills, resources & opportunities to communities, organizations & corporations. Provides coaching programs for youth, young adults and parents that are culturally relevant and competent, including:

- Professional Development Workshops
- Parent Support Groups
- Independent Living Skills Training
- Violence Interruption HRBII Coaching
- Parent 2 Parent & Peer 2 Peer Groups

Hours: Mon - Fri: 10am - 7pm, Saturday: 12pm - 5pm, Sunday: Appointment Only

Palmer Munroe Teen Center
www.talgov.com/parks/centers-palmer.aspx

1900 Jackson Bluff Rd.
~ Tallahassee, FL 32304

(850) 891-2569

The Palmer Munroe Teen Center is dedicated to teen youth development, to serving some of our most vulnerable youth, and to helping them expand their opportunities, learn about social responsibility, civic awareness and be gently guided through a restorative justice program. A collaboration between the City of Tallahassee, Leon County, Leon County Schools, and the Department of Juvenile Justice, the Palmer Munroe Teen Center offers a unique blend of educational classes, workshops, programs and recreation activities for youth. Open Monday - Saturday: 2:00pm - 8:00pm.

Single Mothers' Support Group
Oasis Center for Women and Girls
www.theoasiscenter.net

317 E. Call St.
~ Tallahassee, FL 32301

(850) 222-2747

Email: tondia.neal@theoasiscenter.net

Single Mothers' Support Groups provide a safe, therapeutic, and casual environment to share and learn from mothers in similar circumstances. With the guidance of a facilitator, women explore difficult times or situations while also sharing joyful experiences with the support and empathy of other women. The Oasis Center provides a way for women to connect with other women who understand and to provide information and access to community resources. Groups are held Tuesday at 6:00 pm at 317 E. Call St.

If interested, go to <https://theoasiscenter.net/programs-services/womenscircles-supportgroups> and click on the Single Mothers' Support Group form. Clients will be notified if registration is open, then asked to complete the following steps:

1. Fill out the initial application.
2. Open the confirmation email that will be immediately sent to you.
3. Click the link in the email to schedule your 15-minute intake appointment phone call with the intake coordinator.
4. Talk with the Tondia or the intake coordinator to see if the group is a good fit for you
5. Once you get a confirmation about group placement, fill out registration paperwork.

If you have questions about joining one of our groups, please email tondia.neal@theoasiscenter.net or call **850-222-2747**.

Tallahassee Memorial Healthcare
www.tmh.org/health-and-wellness/events

(850) 431-1155

Offering wellness classes & events, including pre-and postnatal classes, parenting classes, babysitter training, infant and child CPR, Little Ones Music Play, and joint replacement classes, among others. Our services are available at sites all across Tallahassee, so you can easily find a location that suits your needs.

Walker Ford Community Center
www.talgov.com/parks/centers-walker.aspx

2301 Pasco St.
~ Tallahassee, FL 32310

(850) 891-3970

Open Monday - Saturday, 9:00am - 9:00pm. Provides the community with ongoing recreational activities, programs and events for all ages and offers space for social service and educational programming. Classes and activities offered to the community include:

- Cultural Classes & Activities: Health & Nutrition, Cooking Class, Aquaponics, Arts and Crafts, Parenting, Music Appreciation, 4-H
- Social Classes & Activities: Teen & pre-teen councils, Mentoring Program, Empowerment group, Intergenerational program
- Physical Classes & Activities: Basketball leagues for all ages (male and female), Zumba, football and basketball skills, games & relays, Baseball leagues (boys and girls), Pickleball, Men's and women's fitness, Walking Class, Senior Fitness class
- Special Events: Black history / awareness programs, Halloween Carnival/ Haunted House, Miss Walker/Ford Pageant, Elementary Valentine Program, Easter Egg Hunt, Christmas program, Splash and Jam, Summer Movie Edition
- Camps: Jesse Correia Spring Break Camp, Winter Break Camp, Fall break camp, Teachers Planning day Camp, Summer Camp

Whole Child Leon
www.wholechildleon.org

1126-A Lee Ave.
~ Tallahassee, FL 32303

(850) 692-3134

Email: [info@wholechildleon](mailto:info@wholechildleon.org)

A database of resources for families in the Tallahassee area. The resources are categorized by the six dimensions of the whole child. Clients fill out a "Whole Child Connection" application on-line if they want to find out about resources in the community. Whole Child Leon can answer questions and match families to community services. Clients can create a confidential Whole Child Plan. If necessary, a Whole Child Advisor can help clients complete a "WC Connection" or explain community services.

Capital Area Community Action Agency
www.capitalareacommunityactionagency.com

309 Office Plaza Dr.
~ Tallahassee, FL 32301

(850) 222-2043

Administers the **Family Self-Sufficiency / "Getting Ahead" Program**, which provides assistance to low-income families experiencing chronic financial crisis who demonstrate a commitment to overcoming barriers to achieve self-sufficient, quality lives. Call for documentation needed for appointments. Assistance includes:

- Micro-enterprise small business development
- Food vouchers
- Bus passes or gas vouchers
- Transportation
- Rental and utility deposit assistance
- Mortgage assistance
- Prescriptions
- On-the-job training program

For assistance with payment of utilities, call (850) 325-3500 between 3:45 pm and 4:45 pm to schedule an appointment.

Catholic Charities
www.ccnwfl.org

1380 Blountstown Hwy.
~ Tallahassee, FL 32304

(850) 222-2180

Offers financial assistance, rent and utility services. Call for appointment Mondays 9 - 11:30 am or Tuesday and Wednesdays 10 - 11:30 am. Open for food and baby items Monday - Thursday, 2:30 - 3:30 pm.

City of Tallahassee, Housing Division,
Department of Housing and Community
Resilience
Email: housing@talgov.com

Renaissance Center
435 N. Macomb Street, 3rd Floor
~ Tallahassee, FL 32301

(850) 891-6566

<https://www.talgov.com/neighborhoodservices/housingprograms>

Provides affordable housing and homeless programs information. Assists with housing programs, emergency shelter, temporary relocation, emergency home repair, roof replacement or repair, A/C replacement or repair, window replacement, down payment assistance and home buyer counseling

Apply for help online at: <https://portal.neighborlysoftware.com/Tallahassee/participant>

City Utilities Customer Services,
Tallahassee
www.talgov.com

Renaissance Center
435 N. Macomb St.
~ Tallahassee, FL 32301

(850) 891-4968

Customer Services may be able to work out payment plans for reconnecting City of Tallahassee utility services. Referrals for energy audits, low interest loans, and ceiling insulation grants for energy conservation. Loans for EnergyStar gas water heaters, air conditioning and heating and window replacements. Call 7 am – 11 pm 7 days a week.

Community Health Insurance Program (CHIP)
Pride Life, LLC
www.chiprogram.com
Email: info@chiprogram.com

(786) 706-1146
English/Spanish

Provides health education to communities, individuals, and families, empowering consumers to make informed decisions about their health insurance. We offer our expertise during the health plan selection process guiding individuals in choosing the best available health insurance plan.

Serving the underserved:

- Part-time workers
- Individuals considering COBRA
- Individuals age 26 transitioning off of a parent's plan
- Justice involved individuals
- Working seniors
- Individuals who are not offered health insurance through their employer
- SSDI/People with disabilities

Connections Church
www.connectionsfgg.org
Email: jeff.franck@connect-ag.org

1900 S. Monroe St.
~ Tallahassee, FL 32301

(850) 583-1036

Provides clothing and prescription assistance when funds are available. Three free meals weekly for anyone in need: lunch on Wednesday after Bible study, breakfast Sunday before church services, and lunch after services. Free transportation to church from the Kearney Center and other designated locations at designated times. Call for nearest location. Helps unsheltered persons on Thursdays obtain Florida I.D. *after* they have first visited the Kearney Center or ECHO for initial information.

ECHO Outreach
www.echotlh.org
Email: info@echotlh.org

548 E. Bradford Rd.
~ Tallahassee, FL 32303

(850) 224-3246

The ECHO Ministries Emergency Resources Program provides a broad array of basic necessities, supportive services, and referrals to provide an immediate first step to self-sufficiency for our clients. This program is open to people living in the Big Bend area who are experiencing poverty, homelessness, or other crisis situations. We also provide assistance with filing for eligible government benefits (i.e. SNAP, Medicaid). Clients experiencing homelessness can use our office address as a mailing address. To receive services, **clients must present a photo ID**, however there are no charges for services.

The following items are provided (as donations permit):

- Food
- Clothing and Goodwill clothing vouchers
- Diapers, formula and car seats
- Referrals to other agencies
- Seasonal items (coats, heaters, fans)
- Canes, Crutches and walkers
- Furniture
- House wares
- Hygiene products
- Backpack and other school supplies

Walk-ins welcome: Monday-Friday 9am-12pm
Appointments only: Monday-Thursday 1pm-5pm

Furniture requests for formerly homeless individuals coming out of shelter or victims of fire or disaster, contact Jon Hinkle at Tallahassee Furniture Bank (850) 224-3246, X 205

FAMU Small Business Development Center (SBDC)
www.sbdcfamu.org

**625 E. Tennessee St., Suite 200
~ Tallahassee, FL 32308**

(850) 599-3407

Assists clients interested in starting a new business. Help clients to explore and evaluate business and personal goals, then build a comprehensive and thoughtful business plan that will assist in achieving these goals. Workshops cover: why go into business, how to start a business, how to get an Employer ID number, how to develop a business plan. Provides support services for existing business owners who want to grow their business, access capital, do e-business, etc.

Health Insurance Marketplace
www.healthcare.gov

(877) 813-9115

1 (800) 318-2596

TTY: 1 (855) 889-4325

The Health Insurance Marketplace is a resource where individuals and families can compare health insurance plans for coverage and affordability and determine eligibility for Medicaid or the Children's Health Insurance Program (CHIP). Even if the enrollment deadline has passed, applicants may enroll or change plans if they have certain life changes, or qualify for Medicaid or CHIP.

Leon County Veteran Services Division
Email: bradwellb@leoncountyfl.gov

**615 Paul Russell Rd. ~ Tallahassee,
FL 32301**

(850) 606-1940

<https://cms.leoncountyfl.gov/Home/Departments/Office-of-Human-Services-and-Community-Partnership/Veterans-Services>

Assists veterans and their dependents in securing all entitled benefits earned through honorable military service and to advocate for veteran's interests in the community (includes assistance with filing claims, obtaining emergency financial assistance, and transportation for homeless veterans via StarMetro Veterans Bus Pass program).

Hours: Monday-Thursday: Appointment only, Friday: Walk-In Only Starting at 0800

**Minority Business Enterprise,
Office of Economic Vitality**
www.talgov.com/doingbusiness/mbe.aspx
Email: Info@OEVforBusiness.org

**315 S. Calhoun St. ~ Tallahassee,
FL 32301**

(850) 219-1080

The Office of Economic Vitality's (OEV) Minority, Women, & Small Business Enterprise (MWSBE) Division is responsible for:

- Certification of minority and women-owned firms and small businesses with less than 200 employees and \$5 million in sales
- Assigning uniform aspirational goals for competitive solicitations
- Evaluating responsiveness and scoring the MWSBE portion of competitive solicitations
- Maintaining records of MWSBE certified businesses
- Ensuring vendors are trained and ready to do business with the City of Tallahassee and Leon County
- Communicating City, County, and Blueprint procurement and contracting opportunities to MWSBE certified vendors

For more information, please contact the Office of Economic Vitality at (850) 219-1080

Salvation Army Tallahassee
www.salvationarmyflorida.org/Tallahassee
[e](mailto:)

2410 Allen Rd.
~ Tallahassee, FL 32312

(850) 222-0304

- Food pantry is open Mon – Fri, 9 am – 3 pm, and can be accessed once every 30 days
- All other services can be accessed once per year:
 - o Clothing vouchers – 2 shirts, 2 pairs of pants, one pair of shoes for each person in the household
 - o Basic hygiene items
 - o Feminine hygiene products (as donations permit)
 - o Diapers and baby items (as donations permit)
 - o Utility assistance – Call on Mondays after 9 am to determine eligibility

To receive services individuals must bring in a photo I.D., and birth certificates for any minors in the home

Social Security Administration
www.ssa.gov

2002 Old St. Augustine Rd.
Building B-12
~ Tallahassee, FL 32301

(Tallahassee Office) (866) 248-2088
1 (800) 772-1213
TTY: 1 (800) 325-0778

The website www.ssa.gov is the best way for people with access to the internet to get help. If you cannot use the website, call the National 800 Number or your local Social Security office for help. They will schedule an appointment for you, if necessary. **Hours: Monday - Friday 9 am - 4 pm**

StarMetro Bus Passes
www.talgov.com/starmetro

555 Appleyard Dr.
~ Tallahassee, FL 32304

(850) 891-5200

Senior Center Star Metro Annex

1400 N. Monroe St.
~ Tallahassee, FL 32303

(850) 891-4000

Provides one-time free month bus passes for low-income people looking for work, and monthly passes for low-income people who have two medical appointments per month. (Must have ID, income verification, and food stamp card, and documentation of appointments to qualify.) Apply in person or call to request to have application mailed. Veterans can apply for an annual bus pass at the Dept. of Veterans' Affairs.

Tallahassee Bail Fund
www.Tallahasseebailfund.org
Email: Tallahasseebailfund@gmail.com

PO Box 1231
~ Tallahassee, FL
32302

(850) 778-2414
(Text or leave a voicemail message)

The Tallahassee Bail Fund is a grassroots, volunteer-run coalition that relies on crowdsourced, community-based funds to pay bail for those who are unable to afford it. The Bail Fund moves in partnership with those they bail out, their loved ones, and local service organizations to provide access to needed services upon release in the areas of food security, employment, education, mental health, substance misuse, and transportation.

Tallahassee Lenders' Consortium
www.Tallahasseeelenders.org

224 Office Plaza Dr.
~ Tallahassee, FL 32301

(850) 222-6609 x 100

Provides information and education for low-income first-time home buyers interested in purchasing homes in Tallahassee. Their mission is to make home ownership a reality by improving people's ability to obtain and retain safe, decent and affordable housing through creating housing options; providing homebuyer education; and providing access to affordable financing. Register for classes on-line at www.Tallahasseeelenders.org. For additional information or help completing the online application, ask for assistance with the **Down Payment Assistance program**.

Monday, Wednesday & Friday: 8:30 a.m. - 5:00 p.m. (via phone or email only)

Tuesday & Thursday: 8:30 a.m. - 5:00 p.m. (in person, phone, and email)

Volunteer Income Tax Assistance (VITA)
www.uwbb.org/vita/

(850) 414-0844

Provides free individualized **Volunteer Income Tax Assistance (VITA)** for low-to moderate-income taxpayers, persons with disabilities, and limited English speaking taxpayers who need assistance in preparing their own tax returns by IRS-certified volunteers from end of January 31 till April 17 each year. Volunteers help to ensure that eligible families take advantage of the Earned Income Tax Credit (EITC) and Child Tax Credit. Check website at www.uwbb.org/vita/ for the **Vita Location and Date Flyer** and for a list of what documents to bring. Some sites may require appointments.

LEGAL SERVICES

Center for the Advancement of Human Rights
Florida State University
www.cahr.fsu.edu
Email: vllovera@fsu.edu

426 W Jefferson St. ~
Tallahassee, FL 32301

(850) 644-4551

Provides pro bono legal immigration services for victims of crime.

College of Law Children's Advocacy Clinic
Florida State University
Email: pannino@law.fsu.edu

425 W Jefferson St.
~ Tallahassee, FL 32306

(850) 644-9928

www.law.fsu.edu/academics/clinical-programs/public-interest-law-center/childrens-advocacy-clinic

The Children's Advocacy Clinic represents children in foster care, juvenile delinquency, health care, special education, disability, social security and criminal law cases. The clinic provides each child full legal representation. Students represent children in state courts, in trial and appellate cases and in state and federal administrative hearings.

Florida Bar Lawyer Referral Service
<https://lrs.floridabar.org>

1 (800) 342-8011

Provides referrals to private attorneys who charge fees in most Florida counties. Call Mon - Fri 8 am - 5:30 pm or visit the website <https://lrs.floridabar.org> for more information and referrals 24 hrs / day, 7 days / week.

Florida Department of Corrections, Circuit 2
Office of Community Corrections
www.dc.state.fl.us
Email: co-supervision@fdc.myflorida.com

1455 Jefferson St. ~
Monticello, FL 32344

(850) 717-3444

Probation officers supervise people who have been placed on probation or community control by the court and those who have been released from prison with post-release supervision. Probation officers monitor compliance with conditions of supervision, assist with resources and services and increase the likelihood of successful reentry. They use evidence-based practices including assessment of risk and needs, enhancing motivation, providing positive reinforcement and ongoing support, and offering classes for self-improvement and behavior change including Life Skills, How to Make it on Probation or Community Control, Employment Interviewing and Application skills, Thinking for a Change or Moral Recognition Therapy Cognitive Behavior classes. Probation officers refer people to various community resources to assist them in obtaining employment, substance abuse counseling, and mental health counseling.

Legal Aid Foundation of Tallahassee
www.legalaidTallahassee.org
Email: intake-referral@legalaidTallahassee.org

Leon County Courthouse
301 S. Monroe St., Suite 108
~ Tallahassee, FL 32301

(850) 222-3292

Provides free civil legal assistance to residents of Leon County who cannot afford an attorney through volunteer and direct assistance. Applications can be found online at www.legalaidTallahassee.org. Completed applications can be scanned and emailed or mailed or hand-delivered to the address above. Applications may take two weeks to process; applicants will be notified and told if they will be put on a waiting list for an available attorney. The types of cases Legal Aid handles include:

- Family Law Issues: Adoption, Child Custody/Visitation, Child Support, Divorce, Guardianship, Paternity
- Bankruptcy
- Landlord/Tenant Issues
- Discrimination (No contingency fee cases)
- Employment Issues
- Money Disputes Over Purchases
- Property Disputes
- Wills

Legal Services of North Florida, Tallahassee
www.lsnf.org

2119 Delta Blvd.
~ Tallahassee, FL 32303

(850) 385-0029
(850) 385-9007

Provides representation to low-income and vulnerable individuals in civil matters only. LSNF serves the legal needs of children, elderly, abuse victims, veterans, and people with disabilities. LSNF's priority areas include cases involving family law, housing, public benefits, consumers, employment, education, and health care. Serves Franklin, Jefferson, Leon, Wakulla counties.

Eligibility for assistance may be based on income and assets of all members of the household and the legal problem. Apply for legal services by completing an application online at www.lsnf.org or contacting LSNF in-person or by phone. Hours: Mon-Thu, 8:30 am–6:15 pm.

Leon County Office of Intervention & Detention Alternatives
Email BroxtonT@leoncountyfl.gov

501 Appleyard Dr.
~ Tallahassee, FL 32304

(850) 606-5600

<https://cms.leoncountyfl.gov/Home/Departments/Office-of-Intervention-and-Detention-Alternatives>

Provides case management and supervision to offenders ordered to pre-trial or probation as well as drug and alcohol testing for court-ordered testing and pre-employment testing. Probation, Supervised Pre-Trial Release, and Drug and Alcohol Testing programs have been realigned under this new office. Intervention and Detention Alternatives is dedicated to restoring and enhancing the quality of life of the clients it serves, assisting them in becoming productive and responsible citizens for a safer community.

Intervention and Detention Alternatives serves as the liaison with the State Attorney, Public Defender, law enforcement, and the Courts and also partners with these entities to hold such events as the Fugitive Safe Surrender Event.

My Choice Adoptions
The Law Office of Melanie B. Coats
www.mychoiceadoptions.com

3518 Sharer Rd.
~ Tallahassee, Florida 32312

(850) 273-2629

Free adoption support in Northern Florida, including Tallahassee and surrounding areas. We promise to respect, honor, and follow your choice. Provides assistance with:

- Financial Support
- Counseling
- Family selection
- Transportation
- Medical care
- Hospital plan help

State Attorney's Office Victim / Witness Assistance Program
www.sao2fl.org (click on Victim Services link)
Email Victim Services Director at:
potlockh@leoncountyfl.gov

Leon County Courthouse
301 S. Monroe St., Suite 475
~ Tallahassee, FL 32301

(850) 606-6117

Provides support for victims or witnesses of crime, advocacy for victims, status of court cases and explanation of legal system, court preparation and accompaniment, assistance with filing for victim compensation benefits, crisis intervention and bereavement counseling for victims of violent crimes, counseling for family members, referrals.

The Address Confidentiality Program provides services to victims of domestic violence who are attempting to escape from actual or threatened violence through relocation. Participants are provided with an address designated by the Attorney General as a substitute mailing address in order to prevent their abusers from finding them. Victims who have left an abusive situation may apply by calling **1-850-414-3300** or emailing ACP@myfloridalegal.com

Tallahassee Bar Association,
Lawyer Referral Service

301 S. Monroe St., Suite 108
~ Tallahassee, FL 32302

1 (800) 342-8011

www.lawyerlegion.com/lawyer-referral-directory/florida/Tallahassee

Helps the public find a qualified attorney. Prospective clients should call the service to receive the referral for a qualified attorney. In exchange for paying a \$25.00 consultation fee, clients are referred to a local attorney experienced in handling their type of case. The attorneys in the program have agreed to provide a half-hour consultation for no additional charge.

The lawyer referral service managed by the Tallahassee Bar Association serves residents in Gadsden County, Leon County, Jefferson County, Wakulla County, Liberty County, and Franklin County.

Tallahassee Women Lawyers
www.mytwl.org
Email: Tallahasseeewomenlawyers@gmail.com

P.O. Box 10567
~ Tallahassee, FL 32302

Provides facilitation of pro bono legal services and assistance with immigration matters, family and civil matters, and expungement of criminal records.

United States Probation and Pretrial Services
Northern District of Florida
www.flnp.uscourts.gov/Tallahassee.htm

111 N. Adams St., Suite 100
~Tallahassee, FL 32301

(850) 521-3551

Counties served: Franklin, Gadsden, Jackson, Jefferson, Leon, Liberty, Madison, Taylor and Wakulla
Office Hours: 8:00am - 5:00pm Eastern Time

United States Probation Officers enforce mandatory and standard conditions of supervision, as well as special conditions imposed by the court or sentencing authority, including victim restitution, substance abuse and/or mental health treatment programs, and other sanctions or restrictions. Formerly incarcerated individuals on supervision are monitored through field contacts at their residences, employment sites and other locations in the community. Officers also make appropriate referrals to community resources in an effort to assist individuals with their successful reintegration into society as well as the successful completion of their sentences.

ACE Leon County Human Services Resource Guide 2022-2023

is a part of

Taking Care of Yourself:

Making the Transition from Corrections to Work, Education, & Daily Life

www.aceleon.org/ged-life-skills-curriculum/

Rocky Hanna

Superintendent

Leon County Public Schools

Tallahassee, Florida

Regina Browning

Assistant Director

Leon County Schools

Adult & Community Education

Tallahassee, Florida

Catherine Baham

Coordinator

Leon County Schools

Adult & Community Education

Tallahassee, Florida

The ACE Leon County Human Services Resource Guide was created in partnership with the:



**BIG BEND
A.F.T.E.R.
REENTRY
COALITION**
A Fight To End Recidivism

Big Bend AFTER Reentry Coalition

PO Box 872

Tallahassee, FL 32302

850-322-6864 (cell)

bigbendreentry@gmail.com

www.bigbendreentry.org

www.facebook.com/BigBendReentry

Information contained herein is accurate as of **July 2022**.

Some of the data in this resource guide has been obtained from 2-1-1 Big Bend, Inc. and published with permission from 2-1-1 Big Bend, Inc.

P.O. Box 10950 ~ Tallahassee, FL 32302-2950

Administration (850) 617-6348 / Fax (850) 561-3443

Hotline 2-1-1 or (850)617-6333

www.211bigbend.org



Nondiscrimination Notification and Contact Information

“No person shall on the basis of sex (including transgender, gender nonconforming and gender identity), marital status, sexual orientation, race, religion, ethnicity, national origin, age, color, pregnancy, disability, military status or genetic information be denied employment, receipt of services, access to or participation in school activities or programs if qualified to receive such services, or otherwise be discriminated against or placed in a hostile environment in any educational program or activity including those receiving federal financial assistance, except as provided by law.” No person shall deny equal access or a fair opportunity to meet to, or discriminate against, any group officially affiliated with the Boy Scouts of America, or any other youth group listed in Title 36 of the United States Code as a patriotic society.

An employee, student, parent or applicant alleging discrimination with respect to employment, or any educational program or activity may contact:

Deana McAllister, Assistant Superintendent

Equity Compliance Officer
Leon County School District
2757 West Pensacola Street
Tallahassee, Florida 32304
(850) 487-7193
mcallisterd@leonschools.net

Tonja Fitzgerald, Director

Equity Compliance Officer (Students)
Leon County School District
2757 West Pensacola Street
Tallahassee, Florida 32304
(850) 487-7309
fitzgeraldt@leonschools.net

Wallace Knight, Director

Title IX Compliance Officer
Leon County School District
2757 West Pensacola Street
Tallahassee, Florida 32304
(850) 487-7193
knightwa@leonschools.net

A student or parent alleging discrimination as it relates to Section 504 of the Rehabilitation Act may contact:

Jennifer Benton, 504 Specialist

(850) 487-7317
bentonj@leonschools.net



**Adult &
Community
Education**
— SCHOOL